



3375 Church Lane
Duluth, GA 30096

Rev. Ronald L. Bowens
Pastor



FEBRUARY 2020

Vol. 8, Issue 2

FRIENDSHIP'S VOICE

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CALENDAR

FEBRUARY

- 22 Seniors Ministry Potluck Lunch 11am
- 23 Pastor Invite to Molena GA 3pm (see p. 33)
- 24 Registration for March Presidential Primary
- 29 Drama Ministry Meeting 10am FLC

MARCH

- 24 Presidential Preference Primary

FBC MISSION STATEMENT

Exalt the Savior
Equip the Saint
Evangelize the Sinner



Love encompasses a range of strong and positive emotional and mental states, ranging from the most sublime virtue or good habit or the deepest interpersonal affection for the simplest of pleasure.

You can have positive love and negative love:

- ♥ Positive Love: The virtue of representing human kindness, compassion and affection.
- ♥ Negative Love: It's vice, representing human moral flaw, vanity, selfishness and egotism.

Ancient Greek philosophers identified five forms of love:

- ♥ Storge – Familial love
- ♥ Philia – Friendly or platonic love
- ♥ Eros – Romantic love
- ♥ Xenia – Guest love
- ♥ Agape – Divine love

Encompassed in these five love forms are also: unrequited love, empty love, companionate love, consummate love, infatuated love, self-love and courtly love. The triangular theory of love suggests the feelings intimacy, passion and commitment. Love has additional religious or spiritual meaning. This diversity of uses and meanings combined with the complexity of the feelings involved, makes love unusually difficult to consistently define, compared to other emotional states.

(cont'd next page)

(Love cont'd)

The love that God extends to us and expects us to share with others is Agape love. This is the covenant love of God for humans as well as the human reciprocal love for God. This is a selfless love that is passionately committed to the well-being of others.

I Corinthians 13:1-8 tells us clearly what love is and how to extend love through God's eyes and his ways. Anything that we do, no matter how great or small, if love is not in it, it means nothing to God. No matter how many spiritual gifts we have and flaunt, without love it means nothing to us. All the sacrifices we may make, without love, it means nothing. Love is long suffering, it is kind, it does not envy, it does not show off and it is not puffed up. Love is not egotistical; it's not easily provoked and thinks of no evil. It does not rejoice in wrong doing but stands firm and rejoice in truth. In all things it bears up, believes, hopes and endures. From Faith, Hope and Love, the greatest is LOVE.

Throughout the old and new Testaments, God has always expounded on Love. Leviticus 19:18, God told us to *"love thy neighbor as thyself;"* and Deuteronomy 6:5, *"And thou shalt love the LORD thy God with all thine heart, and with all thy soul, and with all thy might."* Also, Jesus said the same words in Matthew 22:37. This is the Great and First Commandment.

The first step to practicing good Christian principles is to love, love, love, not only your family or friends but your neighbors, your enemies, those on the job that talk about you, those in your circle that like to sow seeds of discord – love them because Love covers a multitude of sins (I Peter 4:8); and lastly, 1 John 4:8 says, *"He that loveth not knoweth not God, for God is Love."*

Submitted by Sis. Hyacinth Chung
Communications Ministry



HYMN OF THE MONTH

Submitted by Sis. Hyacinth Chung

“LOVE LIFTED ME”



The lyrics to this song was written by James Rowe, in 1912, in Saugatuck, now known as part of Westport, CT. He was born on January 1, 1865 in Horrabridge, Devonshire, England. Son of John Rowe a copper miner, James worked for the Irish Government for four years and then migrated to America at age 24. He settled in Albany, New York and in his later years, he moved to Vermont and worked with his daughter, who was an artist, writing greeting card verses. He passed away on November 10, 1933 in Wells, Vermont.

There was not much information on James Rowe’s personal life except for his daughter who spoke about Howard E. Smith, the musical composer of this song, paraphrasing, “who was a little man and his hands were so knotted with arthritis that you would wonder how he could use them at all, much less to play the piano.

The text was taken from Matthew 14: 29-31, based on Love and Salvation. *“**29** And he said, Come. And when Peter was come down out of the ship, he walked on the water, to go to Jesus. **30** But when he saw the wind boisterous, he was afraid; and beginning to sink, he cried, saying, Lord, save me. **31** And immediately Jesus stretched forth his hand, and caught him, and said unto him, O thou of little faith, wherefore didst thou doubt?”*

His songs are always based on inspirations from the Word of God. Here are some of his songs with their title and first line of each song. For **Warfare** in 1902, he wrote the song “Onward, Little Soldiers.” Onward, little soldiers, bravely onward go; Right about for Jesus, learn to face the foe; In 1911, for **Aspiration**, he wrote, “I would be like Jesus.” Earthly pleasures vainly call me, I would be like Jesus.

In 1912 for **Joy**, he wrote, “I Walk with the King”, In sorrow I wandered, my spirit oppressed, But now I am happy, securely I rest; and in the same year for **Love**, he wrote, “Love Lifted Me”. I was sinking deep in sin, far from the peaceful shore, very deeply stained within, sinking to rise no more.

In 1920 for **Truth**, he wrote, “The Old Cross Road”. There are many paths through this world of sin, but there’s only one I shall travel in; In 1922, for **Prayer**, he wrote, “If I Could Hear My Mother Pray Again.” How sweet and happy seem those days of which I dream, when memory recalls them now and then.

Love Lifted Me

1. I was sink-ing deep in sin, far from the peace-ful shore, ver-y deep-ly
 2. All my heart to Him I give, ev-er to Him I'll cling, in His bless-ed
 3. Souls in dan-ger, look a-bove, Je-sus com-plete-ly saves; He will lift you
 stained with-in, sink-ing to rise no more; but the Mas-ter of the sea
 pres-ence live, ev-er His prais-es sing; love so might-y and so true
 by His love out of the an-gry waves; He's the Mas-ter of the sea,
 heard my de-spair-ing cry, from the wa-ters lift-ed me, now safe am I.
 mer-its my soul's best songs; faith-ful lov-ing ser-vice, too, to Him be-longs.
 bil-lows His will o-bey; He your Sav-ior wants to be, be saved to-day.
 Love lift-ed me! e-ven me! Love lift-ed me! e-ven me! When noth-ing
 else could help, Love lift-ed me. Love lift-ed me.



Our testimonies are very important. They are meant to be shared; otherwise, there is no testimony. You never know how sharing about your experiences help and encourage others facing the same or similar situations. Here are some true testaments to God's ever-loving hand of grace, mercy and provisions. If you would like to share your story in future newsletters, please email me at ptapp1052@gmail.com.
Sis. Paulette Tapp, Newsletter Editor



Rev. James Cottingham – *Revelation 12:11 says we overcome our enemy by the blood of the Lamb and the word of our testimony. On August 3rd, 2017, I was at work when I started feeling ill. What I didn't know was this would be the day my life would change forever. I left work early to go to Urgent Care, only to find the office crowded. I decided to go home, shower and take a short nap before returning to the Urgent Care office. My son was home with me when I passed out in the bathroom. I considered his being home a blessing from God because he would normally be at the gym with friends when I got home from work. After I came to and left the bathroom, I passed out again in the hallway. I don't know how much time had passed, but I remember telling my son to call 911 and my wife, who was working in Atlanta.*

The EMU arrived, took my vitals and immediately rushed me to CMC Hospital. Upon arrival at the hospital, I was taken to a room for observation. After my wife arrived a few hours later, the doctors told us that I would need a blood transfusion because I had lost so much blood. They explained that I was bleeding internally, but they didn't know where the bleeding was coming from. The next thing I remember was feeling very sick to the stomach and throwing up blood. I was told that I had had a seizure. All of this took place on Thursday, August 3rd, and the next thing I remembered is waking up on Monday, August 7th, in ICU hooked up to a machine with tubes running throughout my body as the doctors explained to my wife and me that they found a tumor the size of a golf ball on my upper intestine that was bleeding. The bleeding caused my vitals to drop and I coded. After I was revived, I was placed on life support in order to survive. They told us that a baby had as much blood as I did upon my arrival to the hospital. I was on life support for four days. I know God had his hand of care upon me! During the time I was on life support, I received 16 units of blood in order to keep my blood levels up. They had to do a c-scan to check for brain activity. Once my vitals stabilized, I was put in a medically-induced coma to prepare me for the six-hour surgery, which was a success. Thank God!

I thank God today just to be able to share my testimony, because the devil tried to count me out, but God counted me in! I give all glory and honor to God for bringing me through this life-threatening situation. I believe that everything that had happened that day happened for a reason. That reason was so God could show his amazing healing power and his power to place everyone that I needed just where He needed them to be.

(Testimonies cont'd)



Sis. Shawntah Hartz – *“2019 was a horrible year for me, but I have never been more blessed. I was hit by so many obstacles in my finances and relationships and when I couldn’t see how I was going to make ends meet God showed up. He wanted me to know that I just needed to be obedient and trust in Him and He would work it all out. For six months, I didn’t know how I would pay my rent at home and at my business. But God blessed me with five weeks of free rent at the salon.*

As soon as I got back on track, my mom had a heart attack and I had to shut down my business to go out of town for her surgery. My salon rent was paid and I was blessed with so much money I was able to see about my mom not once but twice. All expenses were paid and my mom’s surgery was successful. For 2019, God made me realize that He is my source and no matter what it looks like, walk by faith and not by sight.”



Sis. Sharon Wilson – *God’s Wonders (Psalm 105:5). God kept my husband, Deacon Clendon (Clint) Wilson, Sr. through multiple strokes (7 or 8) throughout the years. His most recent stroke of December 21, 2019, caused a setback in his health. At times I feel overwhelmed, but the Lord comforts me. The Lord has sent the Friendship Baptist Church family and others to check on us with visitations, prayers, acts of kindness and generosity. We thank God for each of you. My husband is a God-fearing man who loves the Lord, and he loves his family and friends. Although Clint has had a setback in his health, he is still here and tries to play the piano keys when he can.*

Clint continues to do ministry wherever he is and tells others about the Lord, inviting them to church while he is recovering in the hospital. We thank God for His healing power. My family and I thank God for the wonders He has done as Clint continues to heal, regain strength and recover. What an amazing God we serve! Great is His faithfulness! We praise His Holy Name!

(Testimonies cont'd)



Sis. Hazel Franklin – *I pray this testimony will provide a sense of hope to anyone who might be going through a difficult time on their job. I worked for the same company for almost 15 years. I went through a lot of difficult and disappointing times. I even stayed on the job after undergoing a salary decrease. The last year was the most difficult. One of my teammates resigned, which resulted in me taking on a heavier workload. For six months I did my job and most of the responsibilities of the teammate that resigned. My manager was also on maternity leave for three of those six months. The company also decided to automate some of the processes which led to the decision of letting me go. The workload increased even more due to all the issues with the automation. I shed my share of tears and prayed much, but I continued to work unto the Lord. When I was finally given my exact departure date, I felt a load lifted from me. I just said “Thank You Lord.” Once my manager learned of all the work that I was actually doing, she realized they had made a mistake. I was asked to stay with the company. I prayed about it. God revealed to me that he had released my shackles and set me free. It was up to me now to step out on faith. I told them that I did not want to stay.*

I enjoyed a 2-month vacation before I began job searching. I was getting calls from so many companies that wanted me to interview in areas where the drive time would be an hour or more. I kept telling them that I was not interested. I was confident that God was going to provide me with a job that was close to home. I prayed that God would give me a good job with good benefits, good pay, people who cared about their employees, and close to home. God granted my prayer by giving me even more than I expected. My commute to work is only 10 minutes! My prior company paid me for four months after my departure. I received my first check from the new job and a week later I received my last check from my old job. God is an AWESOME GOD! “And whatsoever ye do, do it heartily, as to the Lord, and not unto men; knowing that of the Lord ye shall receive the reward of the inheritance: for ye serve the Lord Christ.” Col. 3:23-24.

**I can truly say
that I've been blessed
I've got a testimony**

HEALTH MINISTRY

Sis. Vickie Perry, Ministry Leader



American Heart Awareness Month



Heart disease—and the conditions that lead to it—can happen at any age. High rates of obesity and high blood pressure among younger people (ages 35-64) are putting them at risk for heart disease earlier in life. Half of all Americans have at least one of the top three risk factors for heart disease (high blood pressure, high cholesterol, and smoking).

You could be at risk – Many of the conditions and behaviors that put people at risk for heart disease are appearing at younger ages:

- **High blood pressure.** Millions of Americans of all ages have high blood pressure, including millions of people in their 40s and 50s. About half of people with high blood pressure don't have it under control. Having uncontrolled high blood pressure is one of the biggest risks for heart disease and other harmful conditions, such as stroke.
- **High blood cholesterol.** High cholesterol can increase the risk for heart disease. Having diabetes and obesity, smoking, eating unhealthy foods, and not getting enough physical activity can all contribute to unhealthy cholesterol levels.
- **Smoking.** More than 37 million U.S. adults are current smokers, and thousands of young people start smoking each day. Smoking damages the blood vessels and can cause heart disease.



On average, U.S. adults have hearts that are 7 years than they should be. Other conditions and behaviors that affect your risk for heart disease include:

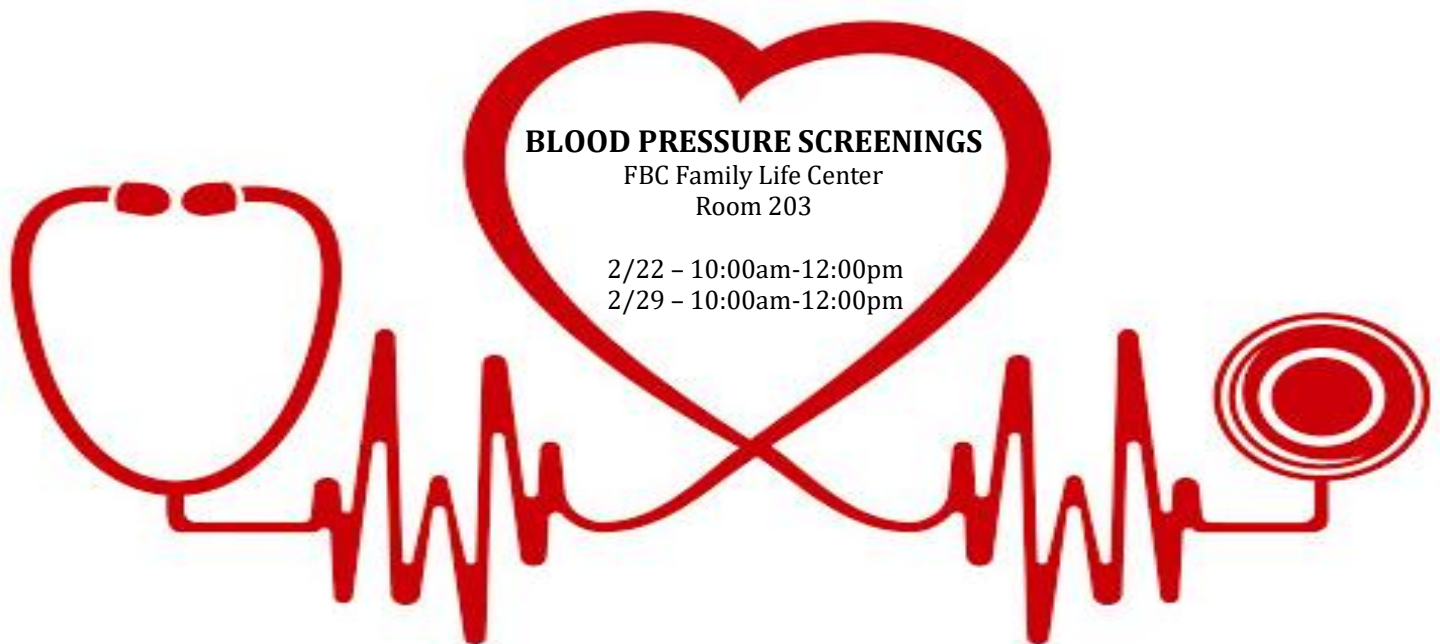
- **Obesity.** Carrying extra weight puts stress on the heart. More than 1 in 3 Americans—and nearly 1 in 6 children ages 2 to 19—has obesity.
- **Diabetes.** Diabetes causes sugar to build up in the blood. This can damage blood vessels and nerves that help control the heart muscle. Nearly 1 in 10 people in the United States has diabetes.
- **Physical inactivity.** Staying physically active helps keep the heart and blood vessels healthy. Only 1 in 5 adults meets the physical activity guidelines of getting 150 minutes a week of moderate-intensity activity.
- **Unhealthy eating patterns.** Most Americans, including children, eat too much sodium (salt), which increases blood pressure. Replacing foods high in sodium with fresh fruits and vegetables can help lower blood pressure. But only 1 in 10 adults is getting enough fruits and vegetables each day. Diet high in trans-fat, saturated fat, and added sugar increases the risk factor for heart disease.

(Health Ministry cont'd)

4 WAYS TO TAKE CONTROL OF YOUR HEART HEALTH

You're in the driver's seat when it comes to your heart. Learn how to be heart healthy at any age.

1. **Don't smoke.** Smoking is the leading cause of preventable death in the United States. If you don't smoke, don't start. If you do smoke, [learn how to quit](#).
2. **Manage conditions.** Work with your health care team to manage conditions such as high blood pressure and high cholesterol. This includes taking any medicines you have been prescribed. Learn more about preventing and managing [high blood pressure](#) and [high cholesterol](#).
3. **Make heart-healthy eating changes. Eat food low in trans-fat, saturated fat, added sugar and sodium.** Try to fill at least half your plate with vegetables and fruits, and aim for low sodium options. Learn more about [how to reduce sodium](#).
4. **Stay active.** Get moving for at least 150 minutes per week. You can even break up the 30 minutes into 10-minute blocks. Learn more about [how to get enough physical activity](#).



HEALTHY FOODS

HEALTHY HEART

FITNESS

FLC GYM AND FITNESS CENTER HOURS OF OPERATION:

Mornings

Monday - Friday

9:00 am - 12:00 noon

OUTREACH MINISTRY – “ONE BODY SAVED TO SERVE”

Sis. Diana McGhee, Ministry Leader



OUTREACH CENTER HOURS:
Mondays & Saturdays: 11:00 am - 1:00 pm
Wednesdays: 1:00 pm - 3:00 pm

For more information about the Outreach Ministry or to volunteer, please contact:
Diana McGhee at 404-312-1232 or via email at dianaymcghee@bellsouth.net or
Catherine Stafford at 678-983-7587.

“THE FRIENDSHIP MARKET”



Wednesdays: 1:30 pm - 2:30 pm
Fridays: 4:00 pm - 5:00 pm
Saturdays: 11:30 am - 12:30 pm

Items will be distributed in the **Fellowship Hall** on Fridays
and from the **Outreach Center** on Wednesdays and Saturdays.

FIRST COME, FIRST SERVED

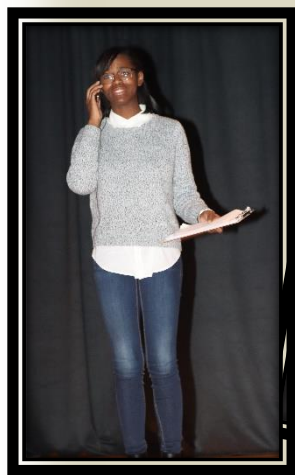


Did you know that the Outreach Ministry hosts a MID-WEEK worship service every Wednesday at noon in the Fellowship Hall? **JOIN US!!**

DRAMA MINISTRY

Sis. Victoria Jones, Ministry Leader

"Let's Keep God's Love in Christmas" presented in December 2019 by the Drama Ministry and youth. This fresh, modern story framing the birth of Jesus featured the amazing acting and voices of teens Jocelyn May and Michael Sharpless. A story was told of one director's determination to put God's love back into Christmas so that children will understand the true meaning of the occasion. While the teens were somewhat distracted, a tragic accident served as a reality check that quickly changes their attitudes and results in a magical Christmas pageant with Angels, Shepherds and Wise Men.



(Drama Ministry cont'd)



Photography by Sis. Shirley Price, Communications Ministry

WOMEN'S MINISTRY

Sis. Cheryl Alford, Ministry Leader

What a blessing it was for us to come together again for the Women's Ministry. Despite the inclement weather, we had a wonderful turnout.

In celebration of Black History Month, each sister received a personal copy of a book compiled by Sis. Cheryl Alford which included 25 African American Women Trailblazers, past and present, who made valuable and noteworthy contributions in religion, politics, the arts and the corporate and scientific world in which we live. Some of the women were well known while others were a pleasant surprise. The biographical information in the booklet came via research on the internet by Sisters Cheryl Alford and Gerry Wright and a 2020 African American History and Educational calendar shared by Sis. Geraldine Powell.

The goal for our fellowship was to enlighten all attendees as to the accomplishments of these women through reading their stories. Before we assumed this task, Evg. Kimberly Rogers opened the assembly with a heartwarming prayer, followed by Sis. Ruth Ellis who read Psalm 27:1-7.

Sis. Geraldine Powell acknowledged our visitor, Arnetta Greene, a former member, who shared the first letter of her first name to mean 'Aspiring'. A hand clap of congratulations was extended to Sis. Vickie Chambers who will celebrate 31 years of marriage on February 21st.

Sis. Vickie Perry mentioned that her mom, Evangelist Burse, will be 84 years old on February 11th, and we gave a Happy Birthday shout out to Sis. Sandra Goode-Kouyate who celebrated a birthday on February 8th. After acknowledgements, Sis. Gerry Wright led the women in the reading of our Covenant.

It was the intent of the ministry to sit with Sis. Vickie Perry to do blood pressure screenings. However, due to the amount of snow that began falling, we weren't able to do so, but we encourage all women and men to follow up with getting this done. Sis. Cheryl shared that in an article she read, a person's blood pressure seemed to spike during Valentine's Day. We don't know why but believe it's better to be safe now than sorry later, so please take care.

As each woman arrived, she was given a slip of paper with a trailblazer's name to be read from her book as we progressed through the morning. We actually chose the shorter biographies of the women in the booklet so that we could include as many as possible during our fellowship. It's worth noting that further research would have provided many more African American Women who have achieved much and of whom we are extremely proud and grateful. Many have walked by faith and endured many challenges as they pursued their goals but they did not give up and we are truly delighted to share some of their stories.

Listed below are a few facts on those who were presented during our meeting:

- **Sister Thea Bowman** - A Special Consultant to the Catholic Church. She gave presentations around the country aimed at bridging racial and cultural divisions. Blessed with an extraordinary talent, Sis. Thea shared the message of God's love through poetry, preaching, teaching, singing and storytelling.



(Women's Ministry cont'd)

- **Mary Lange** - Born in Santiago de Cuba in 1794. Foundress of the Oblate Sisters of Providence in Baltimore, Maryland in 1829. This was the first successful community for women of African descent and it was dedicated to the care and education of black children, care for the sick, educating adults and helping orphans and widows.
- **Mother Henriette Delille** - Founded the Sisters of the Holy Family in 1842. This community ministered to slaves at a time when educating slaves was illegal.
- **Julie Greeley** - Born into slavery, in Hannibal, Missouri, between 1833 and 1848. Freed by the Emancipation Proclamation in 1863, Her merciful acts included giving whatever she could spare to assist poor families in her neighborhood.
- **Albertina Walker** - Born in Chicago, Illinois, Albertina inspired audiences with her powerful contralto voice while performing with the Chicago-based Caravans, a gospel group she founded in 1951. The group's hits include such songs as "Mary Don't You Weep", "I Won't Be Back", "The Lord Will Provide", and "Tell Him What You Want".
- **Phillis Wheatley** - The first published African American poet.
- **Mary Jane Patterson** - The first Black Woman College graduate (Oberlin College, 1862)
- **Mary Eliza Mahoney** - The first African American nurse and the founding member of the group which became the American Nurses Association.
- **Maggie Lena Walker** - The first A.A. Bank President (St. Luke Penny Savings Bank in 1903).
- **Claudette Colvin** - The first to refuse to give up her seat (15 years old and arrested).
- **Alice Dunnigan** - The first Black woman White House Correspondent.
- **Wilma Rudolph** - The fastest in the world at 20 years old.
- **Wangari Maathai** - The first African woman Nobel Peace Prize winner. As it happens, one of the Women's ministry attendees, Sis. Diane, shared that she was friends with Ms. Maathai's daughter and had actually visited her home in Africa.
- **Mae Jamison** - The first in space in 1992.
- **Betsey Stockton** - Born a slave; freed to pursue her interest in becoming a Christian missionary, she became the first known African American woman in Hawaii. While there she persuaded the head of the Lahaina missionary group to allow her to create a school for the common people. She also established a school in Maui. After leaving Hawaii in 1825, she taught Native American children in Canada and in her final years, taught Black children in Philadelphia, Pennsylvania.

(Women's Ministry cont'd)

- **Jane Elizabeth Manning James** - Born a free woman in Connecticut but experienced racism throughout her life. However, she remained committed to her faith and valued her membership in the church where she served until her death at age 95.

These are just a few brief comments about the African American Trailblazers mentioned above. You are urged to spend some time reading and sharing their stories. Also, included in our book are Mahalia Jackson, Dorothy Norwood, Shirley Caesar, Shirley Chisolm, Barbara Jordan, Clara Brown, Lucy Craft Laney whose museum the Seniors Ministry visited in Augusta, Georgia, in 2017.

And not to be forgotten or ignored are Bessie Smith, Inez Andrews, Coretta Scott King, Elma Lewis (Social and Cultural Arts, Boston, MA), Harriet Tubman, Rosa Parks, Daisy Bates (Civil Rights Activists), Maya Angelou, Harriet Beecher Stowe and, of course, the first black woman First Lady, Michelle Obama. You may know of more. Share them so we can all know.

During our meeting, we learned of another first from our sister, **Brenda Graves** who was the first black student at the Nancy Taylor Secretarial School in NYC, NY during 1966-67.

We were also uplifted with some good, old gospel provided by Sis. Gerry Wright. Her musical interlude included the following songs:

- “Wade In The Water” by Ella Jenkins
- “How I Got Over” by Mahalia Jackson
- “Praise In The Temple” by Dorothy Norwood
- “Lord Keep Me Day By Day” by Albertina Walker



While enjoying refreshments, we had closing remarks from Sis. Cheryl Alford who encouraged us to let her know if any more of the women wanted to attend the Women's Conference on February 29th in Carrollton, Georgia, as one church van was already full.

Blessings to all our sisters! We look forward to seeing you at our March fellowship.

Article and photos by Sisters Gerry Wright and Cheryl Alford.



YOUTH MINISTRY

Sis. Charlene Benn, Ministry Leader



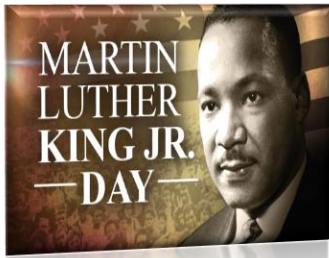
Youth Department ... **We are growing by leaps and bounds** ...

The Youth Ministry is excited to announce that we will be adding a new Preschool Room to our Sunday Youth Church. The Preschool Room will accommodate our 3- and 4-year-old children who are transitioning from the Nursery.

We need volunteers to help out in the new room [one service a month](#). If you are interested and gifted in serving with the Preschool Team as they minister God's Word in an age-appropriate environment, please contact Sis. Shevonne Meeks at shevonnemeeks@yahoo.com.

We are also looking for gifted workers in the Pre-K and Elementary Teams on Sundays and at Wednesday Night Bible Study. Please contact Sis. Charlene Benn at cbenn527@gmail.com, or the church office, if you are interested in working with us!





MLK Jr Day Breakfast Program Friendship Baptist Church January 20, 2020

On Monday, January 20, 2020, our Youth, Teen and Outreach Ministries, in conjunction with families from the Greater Northeast Atlanta Chapter of Jack and Jill, Inc., celebrated the life and legacy of Dr. Martin Luther King, Jr.

Led by Michael Sharpless and Jocelyn May, all who were in attendance were reminded that almost 52 years ago, the life of Dr. King was violently taken from him, and a "Drum Major for Justice" was prematurely taken from the world. As we welcomed our friends and visitors to our church, it became patently obvious that a new **annual celebration** of the Life, Work, and Vision of Dr. King was being birthed. It was also clear that the future of the church and world are in very capable hands. Not only were the activities insightful and fun, but, with the added support of Pastor and Sis. Bowens, the FBC office staff, and the Media Ministry, everyone left the program enlightened and inspired to do their parts toward the advancement of our people, our church, our schools, our communities, and our country.

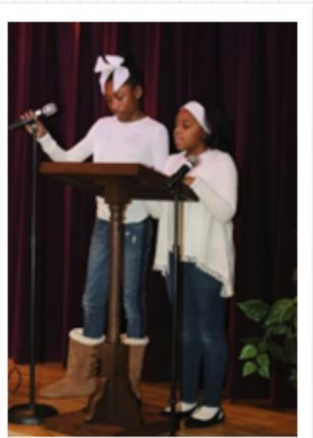
The program commenced with a Blessing and Prayer, by James Redman, Jr., followed by a warm and solemn trumpet solo rendition of "We Shall Overcome," by Brady Williams. After a hot and hearty breakfast, courtesy of the Jack and Jill families, the program proceeded with liturgical dance performances, poetic expressions, and oratorical presentations by Geoney Brown, Jael Redman, Caleb Rogers, MiKayla Sharpless, Rayvin Smith, Kyra Taylor, Chavis Taylor, and Emani Thornton.

After the program, the Youth and Teens proceeded to the Outreach Center, where they filled our food pantry shelves with canned goods donated by the Jack and Jill families. As we approach Black History Month in February, the program reminded us all what Dr. King taught, *"everyone can be great, because everyone can serve."*

Recap of MLK Jr. Event by Sis. Charlene Benn
Photography by Bro. Louie Malone



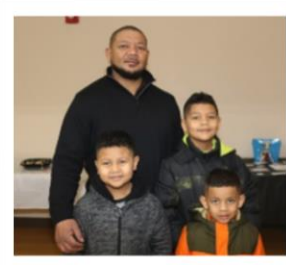
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(MLK Jr. Breakfast Program cont'd)



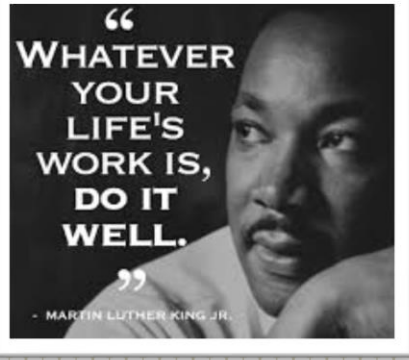
EVERYBODY CAN BE GREAT BECAUSE EVERYBODY CAN SERVE.
-DR. MARTIN LUTHER KING JR.



(MLK Jr. Breakfast Program cont'd)



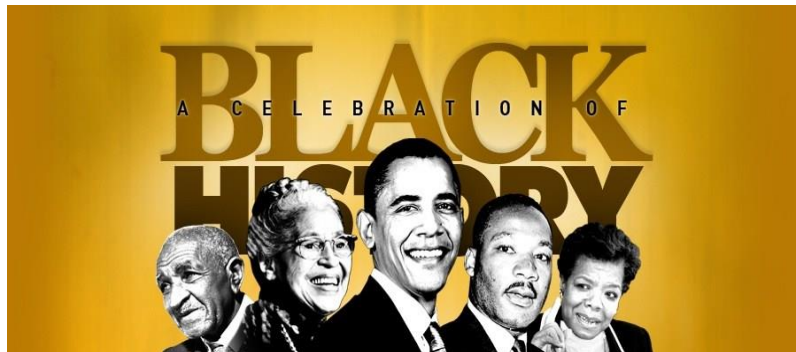
(MLK Jr. Breakfast Program cont'd)



Photography by Bro. Louie Malone, Communications Ministry

COMMUNICATIONS MINISTRY

Bro. Louie Malone, Ministry Leader



Black History Series - The Communications Ministry will present a black history fact each Sunday, every week of the year, to remind us of the great contributions and accomplishments our people have made to society. The black history fact will be covered on a slide with the announcements. We would also like to acknowledge any FBC member or family member who has received

recognition as the first black in a particular area or field. Please send information and a picture to Louie Malone at tag49llm@aol.com.



Celebrating Our History

A people without the knowledge of their past history, origin and culture is like a tree without roots.

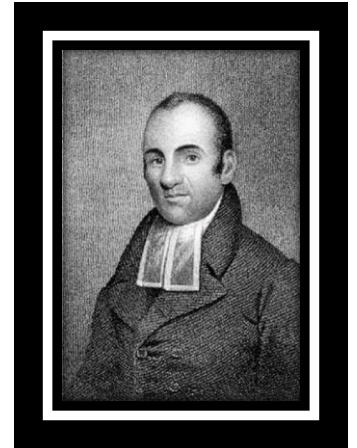
Attributed to Marcus Garvey

BLACK HISTORY

OUR VOICES. OUR STORIES.

African American Religion – 1st Ordained Minister

Lemuel Haynes (July 18, 1753-September 28, 1833) was a native of West Hartford, Connecticut, the son of an African American man and a white woman. Haynes was an American clergyman, a veteran of the American Revolution. He was the first black man in the United States to be ordained as a minister in 1785 in Torrington, Connecticut.



Jennifer Jones, having been the sister of five older brothers, always had the same motivation, initiative and enthusiasm of most boys as she was growing up and did not adhere to the traditional female path.

A native of New Orleans, Louisiana, Jennifer attended McDonogh #35 High School, which at the time was one of the most elite public schools and the first black high school in the city of New Orleans focusing strictly on college preparatory coursework.

Jennifer received her Electrical Engineering (EE) degree from Delgado College where she was one of only two women in the EE curriculum. After graduation, Jennifer became the **first** woman, black or white, to be employed as Engineering Inspector with the Sewerage and Water Board of New Orleans.

Jennifer is a member of FBC's Communication Ministry team. She is also the mother of Matielyn Jones who is campaigning for State Senate. The Primary Election is May 19th. Mark your calendar and get out to the polls and VOTE!



National Black Anthem

You are young, gifted, and Black. We must begin to tell our young, There's a world waiting for you, Yours is the quest that's just begun.

— James Weldon Johnson —

Lift Ev'ry Voice And Sing

Lyrics by
JAMES WELDON JOHNSON

Music by
I. ROSAMOND JOHNSON

Maestoso ben sostenuto

Lift every voice and sing, till earth and heaven ring,
 Ring with the harmonies of liberty;
 Let our rejoicing rise, high as the listening skies,
 Let it resound loud as the rolling sea.
 Sing a song full of faith that the dark past has taught us,
 Sing a song full of hope that the present has brought us;
 Facing the rising sun of our new day begun,
 Let us march on till victory won.

Stony the road we trod, bitter the chastening rod,
 Felt in the days when hope unborn had died;
 Yet with a steady beat, have not our weary feet,
 Come to the place for which our fathers sighed?
 We have come over a way that with tears has been watered,
 We have come, treading our path through the blood of the slaughtered;
 Out from the gloomy past, till now we stand at last
 Where the white gleam of our star is cast.

God of our weary years, God of our silent tears,
 Thou who has brought us thus far on the way;
 Thou who hast by Thy might, led us into the light,
 Keep us forever in the path, we pray.
 Lest our feet stray from the places, our God, where we met Thee,
 Lest our hearts, drunk with the wine of the world, we forget Thee.
 Shadowed beneath Thy hand, may we forever stand,
 True to our God, true to our native land.

SAFETY AND SECURITY COMMITTEE

Dea. Thomas Young, Leader



On January 25, 2020, Friendship's Safety and Security Committee hosted the Duluth Police Department's Avoid-Deny-Defend Program. This was a training program designed primarily for schools, places of worship and other social gathering sites. It is critically important for these facilities to have a plan in place if confronted with today's many instances of shootings in almost every type of social gathering, which unfortunately also includes churches of any denomination.

The training program included video presentations of the many shooting incidents that seemingly began with the 1986 shooting on federal government property. We were provided victim statistics—many caused by bad, improper, or no planned reactionary decisions at all that led to increased casualties.

The concept of the Duluth Police Department program is outlined as follows:

- **AVOID** lack of preparation plans in the event of an unfortunate attack or emergency!
- **DENY** access of any known, or unknown, threat in your location by securing all entry possibilities and move to any possible unseen area within.
- **DEFEND** yourself and others if your escape is unavailable, or the threat access is unprevented!

Following the question and answer period, Captain Pete Bava, the ADD Program presenter for the Duluth Police Department, congratulated Friendship Baptist Church for our Safety and Security plans and current procedures put in place. He also appeared openly impressed with FBC's Safety and Security Committee including the Ushers, Parking Attendants, Gatekeepers, First Responders, Children's Church, and Deacons on the Committee, each represented in training attendance.

I want to personally extend my thanks to all who attended on behalf of their love and care for Friendship Baptist Church! Dea. Thomas Young



Avoid | Deny | Defend™

TECH CORNER

Submitted by Sis. Tina Patterson, Communications Ministry

WHAT PARENTS NEED TO KNOW ABOUT THE DARK WEB



Disappointing mock exam results sent a 16-year-old schoolgirl to a suicide chatroom on the Dark Web. The next morning, she was found dead.

What is the Dark Web, and what can parents do to keep their children safe?

A report on the suicide of UK high-schooler Leiliani Clarke in [The Sun](#) last week cited a coroner's finding that the teen had sought "encouragement from horrendous websites which prey on the vulnerable" - including a suicide chatroom on the Dark Web.

We asked Family Zone cyber expert Brett Lee, founder of Internet Safe Education, to explain what the Dark Web is, how it operates, and what parents can do to protect their children.

What is the Dark Web?

The Dark Web is the World Wide Web's evil twin. The Dark Web exists under the 'surface web' we are all familiar with. This is the public internet we use every day and access through standard browsers like Chrome, Safari or the like. But this surface web accounts for only 4% of the total internet: the proverbial tip of the iceberg. The rest of the iceberg is hidden. That's what we call the Deep Web.

(Tech Corner cont'd)

What's the difference between the Dark Web and the Deep Web?

The majority of the Deep Web is neither dark nor dangerous. It is simply not accessible via your public browser. (Think government archives, or an organization's internal communications system.) But the very deepest portion of the Deep Web iceberg *is* dangerous. It can only be accessed through a secret system of servers that exists entirely separately from the public internet. That bottom-most layer is what we call the Dark Web.

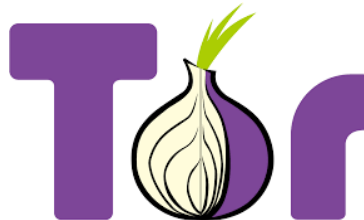
Who uses the Dark Web?

The Dark Web exploits that secret system of servers to allow users to engage in criminal or dangerous activity and remain anonymous. Typically, users access the Dark Web to:

- Traffic in drugs
- Obtain illegal weapons
- Hire a hitman
- Book a child sex holiday or, like Leiliani Clarke, to enter a suicide chatroom.

How do users access the Dark Web?

Very, very easily. The Dark Web may be secret - but it's hiding in plain sight. Anyone can access it simply by downloading a free browser called TOR. TOR stands for "The Onion Router". It works by adding multiple layers of encryption onto your website traffic as it bounces around their network, then slowly peeling those layers off, one by one, so by the time your internet activity has reached the website you're seeking, no one could possibly detect your identity. Hence, the term 'onion' routing.



TOR is available as a free download for Windows, Mac, Linux and Android operating systems, but not for iOS (iPhone or iPad).

How likely is my child to be accessing the Dark Web?

Generally, the Dark Web is not that attractive for most kids. There's no social media there, and no friends. But the Dark Web does have attractions that may draw older children in (fake I.D.s for under-age drinking, for example, or local cannabis dealers). And then there's simple curiosity. Children love to learn and explore. So, it's only natural that some may want to investigate this underworld. But we need to apply the same logic to a dark, dark internet as we would to a deep, dark cave.

While it might seem intriguing to children, there are enormous risks involved. No parent or caregiver in their right mind should allow them to play on the Dark Web.

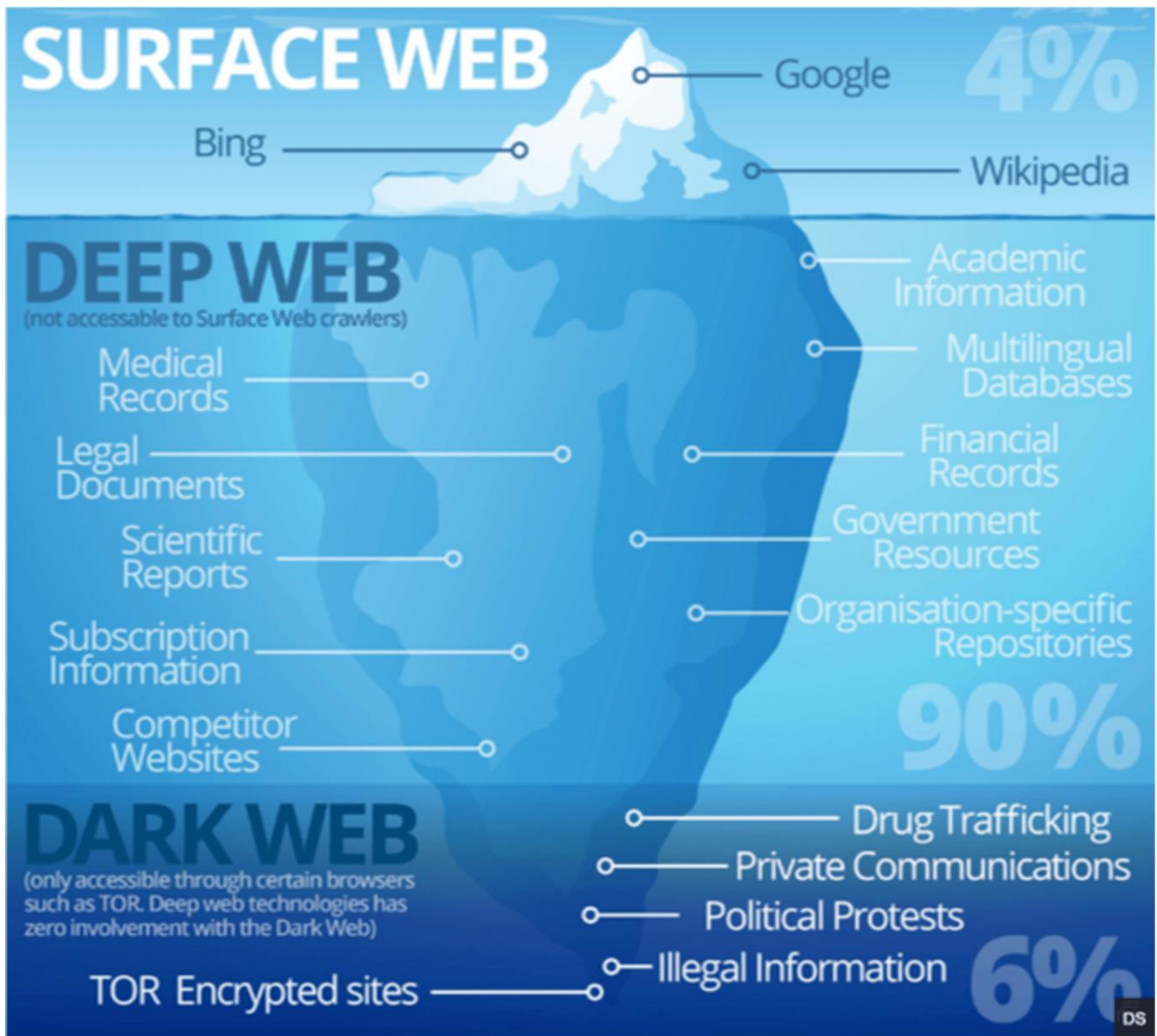
How do I protect my child?

Remember, there is only one way to enter the Dark Web: through the TOR browser. Family Zone experts have rated TOR as a Hazard App. So, if you have Family Zone installed, and your child attempts to download it, you will be alerted instantly.

(Tech Corner cont'd)

If you suspect your child has been using TOR on an unprotected device, search installed apps for "TOR". (Remember, the TOR browser is not compatible with iPhone or iPad.) If you find it has been installed, remove it immediately, and explain to your child why you've done so.

Ensure they understand the dangers of the Dark Web, and endeavor to keep the lines of communication open and blame-free.



Family Zone can identify TOR – and hundreds of other risky apps that have been rated “Hazardous” by our cyber experts. But please be aware that as the tragic case of Leiliani Clarke illustrates, it may be depression and distress, not criminal intent, that has motivated a child to seek out the Dark Web. If you suspect your child is having thoughts about self-harm, seek professional help immediately.

COME JOIN US

***** Every Wednesday Night *****

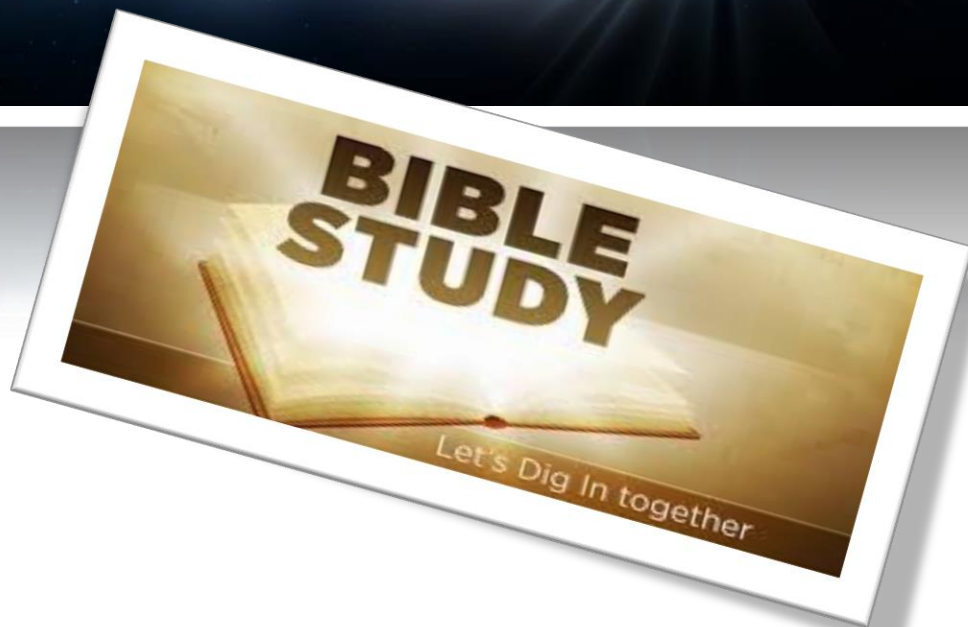
Intercessory Prayer

6:30 p.m. – 7:30 p.m.

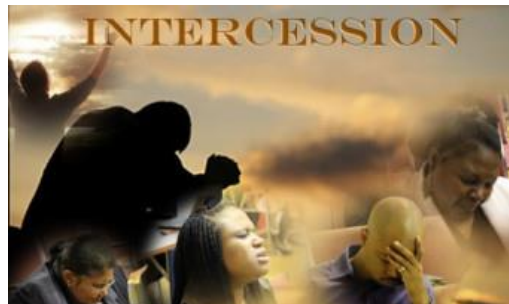
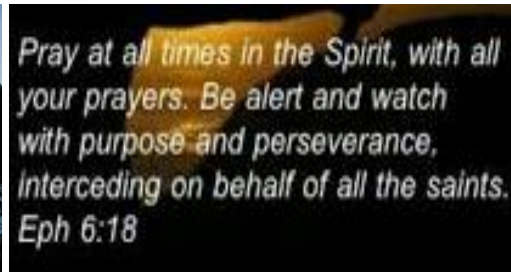
PRAYER
changes things

Worship Service & Bible Study

7:30 p.m.



Prayer List



REMEMBER WITH PRAYER, CALLS AND VISITATIONS

Bro. Willie Benton
Min. Karen Blacknell
Rev. Kenneth Blacknell
Sis. Joyce Brooks
Sis. Sherie Brown
Bro. Dwayne Bynum
Bro. Tyler Caldwell
Bro. Lakee Danner
Sis. Nekka Dean
Sis. Doris Doyle
Sis. Everlene Fisher

Sis. Marlon German
Sis. Barbara Hall
Sis. Crystal Ingram
Bro. Willie L. Harris
Sis. Charlotte Hayes
Sis. Mary L. Jones
Bro. Patrick Jones
Miss Quincie Joyner
Bro. Dennis Kimmey
Sis. Mabel Lawrence
Dea. Jack Leverett

Sis. Roxanne Motley
Evg. Valerie Montaque
Sis. Gloria Peters
Bro. Garvin Potts
Sis. Carrie Rawls
Sis. Peggy Rogers
Dea. Clarence Slaughter
Bro. Antone Smith
Sis. Latisha Smith
Sis. Valerie Smith
Bro. Xavier Stephens

Sis. Tiffany Stovall
Sis. April Walker
Sis. Mabel Thomas
Rev. Dwight Wilkerson
Min. Floyd Williams
Dea. Clendon Wilson
Sis. Sadie Wilson
Bro. Victor Winston, Jr.

Prayer changes things.

YOUTH MINISTRY

Sis. Charlene Benn, Ministry Leader



gifted.
MIND+BODY+SPIRIT

**AGES: NURSERY - 5TH GRADE
MEETS IN THE LOWER LEVEL MAIN BUILDING
7:30 AM & 11:00 AM SERVICES**



*As each has received a gift, use it to serve one another,
as good stewards of God's varied grace
1 Peter 4:10*

TEEN MINISTRY

Rev. Stan & Min. Barbara Williams, Ministry Leaders



**AGES: 12 TO 19 (MIDDLE/HIGH SCHOOL)
MEETS IN THE HERITAGE CHURCH
7:30 AM & 11:00 AM**



GriefShare Ministry Leader

Minister Karen L. Blacknell

678-896-1441

Karen83052@gmail.com

Note: GriefShare classes are cancelled in February. Classes will resume in March.

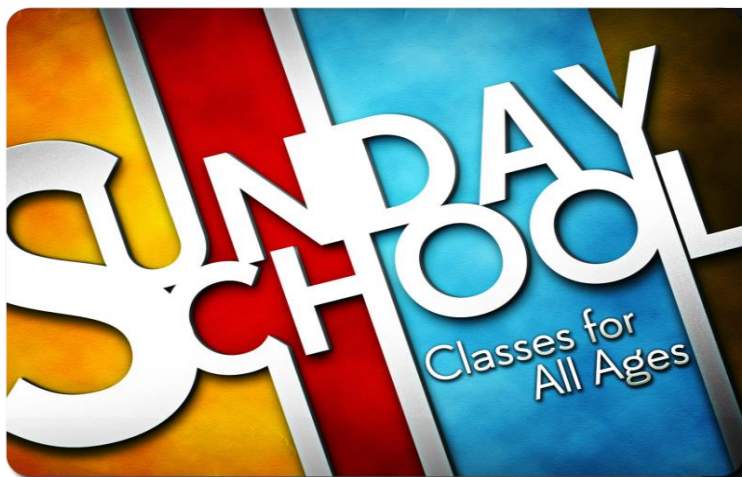
**Help and encouragement
after the death of a spouse, a child, family member or friend.**

GriefShare is a special weekly seminar and support group designed to help you rebuild your life after losing a loved one. The support group is led by caring people who have experienced grief themselves and want to help you through the difficult days ahead. We know it hurts, and we want to help.

The GriefShare Ministry has received the necessary GriefShare training to be able to provide a warm, caring and comfortable environment to those experiencing the pain of grief. Training is key for effective ministry. GriefShare provides ongoing training to the support group in order to continue to build and maintain a strong leadership team.

GriefShare is a 13-week class that meets every Sunday at 9:45 a.m. in the Family Life Center in Room 234. Each participant will need to register to attend this class. The workbooks are \$15.

The GriefShare Ministry support group members are: Minister Karen L. Blacknell, Rev. Kenneth M. Blacknell, Rev. Garfield Garner, Minister Amelia Brown, Minister Barbara Williams, Sis. Sandra Williams, Sis. Linda Berry, Sis. HaLynn Brown, Mother Gerald Baker, Mother Dorothy Blagmon, Sis. Tyesaha Peak-Lane, Sis. Tradenia Hill, Sis. Cortney Garner, Sis. Hyacinth Chung and Evangelist Deloris Williams.



Bro. Dorian Rogers,
 Superintendent
 4integrityauto@gmail.com
 770-309-6245

CLASSES LOCATED IN THE FAMILY LIFE CENTER (FLC):

Class	Room	Class	Room
Men's Class	131	In Teens (High School)	217
Survival Kit	135	Jesus and Me (Middle School)	219
Women's Class	139	CONN3CT (College age 19-29)	220
Basic Bible Study	208	IGNITE! (Singles and Young Adults 29 & Older)	221
New Member's Class	209	Marriage Class	233
MasterLife 1: "The Disciple's Cross"	130	Single Parenting	220
MasterLife 2: "The Disciple's Personality"	210	GriefShare	234
MasterLife 3: "The Disciple's Victory"	211	The Character of God	236
MasterLife 4: "The Disciple's Mission"	213	Note: All Adult classes are combined on the 5th Sundays and meet in the Sanctuary	

Sunday School

CLASSES LOCATED IN THE LOWER LEVEL OF THE MAIN BUILDING:



The Nursery (3 months-2 years old)
 Beginner's (3-4 year olds)
 Primary (K-2nd Grade)
 Juniors (3rd-5th Grade)

PROVERBS 22:6
"TRAIN A CHILD IN THE WAY HE SHOULD GO, AND WHEN HE IS OLD HE WILL NOT TURN FROM IT."



Church News & Other Important Information

Welcome New Member Graduates - January

Linda Davis, Michael Davis, Madison Gavir, Jorelyn Harmer, Aisha Meggett, Courtney Randall and Ian Taylor

Pastors Speaking Engagement – Sunday, February 23rd, at 3:00 pm, Springfield Baptist Church, 6897 Crest Hwy, Molena, GA. Join us for their Deacon and Deaconess Anniversary. Dinner will be served following the program.

PROM Time! – It's time to help our young people dress for the Prom. Please contact Sis. Pamela Barksdale @ 504-343-2606 to request a gown or tuxedo or if you would like to donate.

FBC Creative Learning Classes – Join us. Class meets Saturdays at 11:30 am Heritage Fellowship Hall.

Calling All Adults and Youth!! – We need your participation in this year's Easter skit. If you are interested in joining the Drama Ministry on the stage this year, we will have a meeting on Saturday, February 29, at 10:00 am on the FLC stage.

Monday Night Bible Study – “James: Faith Works” Join us Monday nights at 7:00 p.m. in the Fellowship Hall. Books are \$15.

Lost and Found – Contact the Church Office at 770-497-8227 Monday-Friday, 9:00 am – 4:30 pm.

Transportation Ministry – To request a ride to church, call 770-622-2797 and leave a message by Saturday at 4:00 pm.

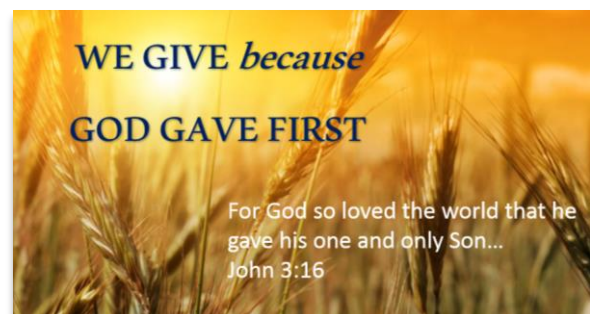
Neighboring Church News

The Salvage Baptist Church invites you to their 1,000 “Determined Women” in Red Benefit Conference on Friday, February 21st at 7:00 pm and continues Saturday morning at 8 am. We ask all men and women to please dress in your “Red” to help us celebrate. Donation is \$30 per person. Registration begins Friday at 5 pm. Our Sunday Service will take place February 23rd at 3:00 pm. Guest Speakers will be: Min. Laquita Cooper, Winder, GA and Pastor Marion Sailor, Christ the King Baptist Church, Dacula, GA. Dinner will be served immediately following second service.

Hopewell United Voices of Hope (UVOH) Men's Choir Album Release Concert Saturday, February 22nd at 5:00 pm (doors open at 4:00 pm) at Hopewell Missionary Baptist Church, 182 Hunter Street, Norcross, GA 30071.

ONLINE GIVING

<https://abundant.co/fbcduluth/give>. Go to fbcduluth.org and click on: “Giving” tab or text: fbcduluth to 73256.



NEWS AROUND GWINNETT...

CHECK THAT YOUR VOTER REGISTRATION IS UP TO DATE – It's election season, so make sure your voter registration is current, and mark your calendar for the upcoming elections:

- Presidential Preference Primary: March 24
- General Primary/Nonpartisan Election: May 19
- General Primary/Nonpartisan Election Runoff: July 21
- General Election: November 3
- State General Election Runoff: December 1
- Federal General Election Runoff: January 5

February 24 is the registration deadline for the March Presidential Preference Primary.

Visit mvp.sos.ga.gov to check your status, register online, locate your polling place, and view sample ballots.

Visit GwinnettElections.com for advance and absentee voting information.

Reduce your tax bill by applying for homestead exemptions!

The best way to reduce your property tax bill is to apply for homestead exemptions. You must own and occupy the home as of January 1 of the application year. Please visit GwinnettTaxCommissioner.com/Exemptions to check eligibility and apply. **April 1 is the deadline to apply for all exemptions.**

PREVENT CARBON MONOXIDE POISONING AT HOME

Carbon monoxide is a colorless, odorless, and tasteless gas that can make you sick or kill you before you know it. Symptoms of carbon monoxide poisoning are often mistaken for the flu, including headache, nausea, confusion, dizzy spells, and fatigue. If you suspect carbon monoxide poisoning, go outside immediately and seek medical attention. Call 911 to report a carbon monoxide leak as well as any exposure symptoms.

Here are some tips to avoid carbon monoxide poisoning in your home:

- Have all home heating appliances installed according to the manufacturer's instructions and inspected each year by a certified technician
- Install a carbon monoxide detector in the hallway near the bedrooms and on every level of the home
- Never use fuel-burning camping equipment or gasoline-powered tools and engines, such as generators, inside a structure or tent
- Don't warm your vehicle in the garage

Gwinnett County Public libraries emulate bookstores to be more user-friendly

The way of the dodo at the Gwinnett County Public Library.

GCPL replaced the old, complicated method of finding books with a new bookshelf classification model. Early in January, library staff spent three days reorganizing and relabeling half a million books for the transition. The new system of organization, known as BISAC, follows a bookstore model where books are categorized by major topic using headings and subheadings as needed.

With everything categorized using words instead of numbers, browsing and finding materials will be a more intuitive experience. GCPL is one of only a handful of library systems in the country to adopt this user-friendly classification model, so stop by one of Gwinnett County Library's 15 branches and try it out.



2020 Census focus turns to reaching the hard-to-count.



OPPORTUNITIES TO SERVE

WEEKLY

Bible Study (Adult)	Wednesday	7:30 pm	Sanctuary
Intercessory Prayer	Wednesday	6:30 pm	Sanctuary
Mid-Week Service	Wednesday	12:00 noon	Lower Level Main Building
New Members' Class	Sunday	9:45 am	Room 209 Family Life Center
Sunday School	Sunday	9:45 am	Family Life Center
Sunday School Teachers	Wednesday	6:30 pm	Lower Level Main Building
Sunday Worship	Sunday	7:30 & 11:00 am	Sanctuary
Teen Church	Sunday	7:30 & 11:00 am	Heritage Church
Youth Church Bible Study	Wednesday	7:45 pm	Lower Level Main Building

MONTHLY MINISTRY MEETINGS

Communication's Ministry	3rd Saturday	11:00 am	Room 135 Family Life Center
Deacon's Meeting	Tuesday (1st & 3rd)	7:00 pm	Room 232 Family Life Center
Education Ministry	2nd Monday	7:00 pm	Room 303 Lower Level Main Bldg
Gatekeepers Ministry	4th Saturday	10:00 am	Room 130 Family Life Center
Gospel Choir Preparation	Tuesday before 1 st & 3 rd Sunday	7:00 pm	
Health Ministry	2nd Saturday	11:00 am	Room 303 Lower Level Main Bldg
Male Chorus Preparation	2nd & 4th Saturday	9:30 am	Sanctuary
Marriage Ministry	3rd Saturday 5:00 pm	Sunday 9:45 am	Room 239 Family Life Center
Media Ministry	1st Saturday	9:30 am	Room 130 Family Life Center
Men's Ministry	1st Saturday	10:30 am	TBA Monthly
Minister's Meeting	1st Saturday	3:00 pm	Room 232 Family Life Center
Money Matters	2nd Saturday	11:30 am	Fellowship Hall
Mother's Ministry	1st Saturday	9:30 am	Room 135 Family Life Center
Outreach Ministry	3rd Saturday	9:00 am	Fellowship Hall
Prison Ministry			
Seniors Ministry	4th Saturday	11:00 am	Fellowship Hall
Shepherd's Care Ministry	3rd Saturday	10:00 am	Room 202 Lower Level Main Bldg
Singles Ministry	4th Saturday	12:30 pm	Lower Level – Heritage Church
Usher Ministry	1st Tuesday	7:00 pm	Room 135 Family Life Center
Women's Ministry	2nd Saturday	8:45 am	Fellowship Hall
Youth Choir Preparation	Tuesday before 2 nd & 4 th Sunday	6:45 pm	

SPECIAL MONTHLY SERVICES

Holy Communion	1st Sunday	7:30 & 11:00 am	Sanctuary
Baptism	3rd Sunday	11:00 am	Sanctuary
Baby Dedications	4th Sunday	7:30 & 11:00am	Sanctuary



Get plugged in and start serving today. Your gifts, talent, skills and time are needed.



CHURCH ADDRESS AND CONTACT INFORMATION

3375 Church Lane, Duluth GA 30096
 Contact: Rita Bowens, Office Manager @ 770-497-8227
 Office Hours: Monday – Friday 9:00am-5:00pm
 Email: fbduluth@att.net
 Website: www.fbduluth.org

FBC LEADERSHIP

FBC ASSOCIATE MINISTERS

Rev. Ken Blacknell
 Min. Clyde Conerly
 Min. James Cottingham
 Elder Chris Evans
 Rev. Garfield Garner
 Rev. Eugene Graves
 Min. Shurron Green
 Rev. Artis Johnson
 Min. Larry Jones
 Min. James Redman
 Rev. Timothy Twyman
 Min. Floyd Williams
 Rev. Stanley Williams
 Rev. Alton Wilson

FBC MINISTERS OF EVANGELISM

Min. Karen Blacknell
 Evg. Geneva Burse
 Min. Erika Cottingham
 Min. Roslyn Long
 Evg. Valerie Montaque
 Evg. Ruthell Morris
 Min. Jada Redman
 Evg. Kimberly Rogers
 Min. Monique Stroman
 Min. Nicole Walker
 Min. Barbara Williams
 Evg. Deloris Williams

COMMUNICATIONS LEADERS

President – Louie Malone
 Vice President – Tina Patterson
 Secretary – Paulette Tapp
 Assistant Secretary – Kelly Wilson
 Treasurer – Jerry Fisher
 Chaplain – Hyacinth Chung
 Deacon Advisor, Harold Mitchell

NEWSLETTER STAFF

Editor-in-Chief/Graphic Designer – Paulette Tapp
 Editor/Writers/Proofreaders:
 – Christine Smith
 – Hyacinth Chung
 – Diane Russell
 Photographer – Louie Malone
 Photographer – Shirley Price
 Publisher – Louie Malone

Friendship Baptist Church has a newly-enhanced website to provide greater communication across all FBC Ministries. Improvements are ongoing. Feedback can be provided to the Communications Ministry at: tag49llm@aol.com.

SUBSCRIBE today at: www.fbduluth.org.

ARTICLES AND EVENT WRITE UPS ARE DUE THE 1ST FRIDAY OF EACH MONTH OR SOON AFTER MEETING OR EVENT.

NEXT DEADLINE: MARCH 6, 2020