

3375 Church Lane · Duluth GA 30096 770-497-8227

# FRIENDSHIP'S VOICE

October 2021 Theme: JOY Vol. 9, Issue 10

### **CALENDAR**

#### **OCTOBER**

- 9 Men's Ministry Event @ 3:30pm FBC
- 10 37th Pastoral Anniversary Drive-By
- 13 COVID-19 Vaccinations @ FBC

#### **NOVEMBER**

- 11 Veterans Day Observance
- 25 Thanksgiving Day
- 26 Church Office Closed

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# **WELCOME BACK!**

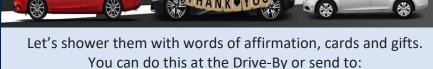
Seating is limited, reservations required.
Go to **fbcduluth.org/reopening/** for information and registration.

# PLEASE JOIN US FOR

Pastor Ronald & Sis. Debbie Bowens



DRIVE-BY CELEBRATION
OCTOBER 10, 2021
1:00 - 2:30 PM



Friendship Baptist Church P.O. Box 604 Duluth, GA 30096



# What Is Joy in the Bible?

There is a familiar verse in James 1:2 that humanly doesn't seem to make much sense. In this very practical New Testament letter, James begins his important teaching about facing trials by writing this, "My brethren, count it all joy when you fall into various trials" (NKJV). It's probably true that most readers may hear that verse and respond by asking a salient follow-up question, "How can that possibly be true?" James' teaching doesn't quite make sense. How is it possible to have joy when we experience life's "various trials"?

The process of learning to respond with joy during times of trials in life must begin with a conscious awareness that God is at work in our lives and that He has a tangible purpose for why we may be experiencing these trials. In other words, if we have put our faith and trust in Jesus Christ as our own personal savior (Romans 10:9), and if we believe that His Word teaches us that God is at work in our lives (Philippians 2:13), then we will come to the logical conclusion that trials, suffering, and difficult times in our lives are ultimately designed by God and that He has a specific purpose for us in mind.

The Bible makes this point in this same passage. Let's look again at James 1:2, but let's add verse 3, "My brethren, count it all joy, when you fall into various trials, knowing that the testing of your faith produces patience" (NKJV).

The text is clear. We can respond to life's trials with genuine joy if we **know** that the Lord has a purpose for why He would allow those difficult times of suffering and trials. In this passage, the purpose for trials was to produce patience or endurance (the ability to hold up under a trial) in our lives.

Knowing that our loving Heavenly Father is doing something specific in our lives and that He is doing what is best for us helps us respond with genuine joy. Life's trials are certainly not fun, but we can react to those painful situations with joy if we understand that God is demonstrating His <u>love</u> for us through those circumstances.

Romans 15:13 says, "May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope." So God can fill us with joy. But do we have a proper understanding and definition for the gift of joy? Let's define it below.

# What Is the Definition of Real Joy?

Let's go back to the beginning and identify a working definition for **joy**. Simply put, Biblical joy is choosing to respond to external circumstances with inner contentment and satisfaction, because we know that God will use these experiences to accomplish His work in and through our lives.

James is telling his readers that they can choose to respond with joy, even during times of trials and sufferings. Joy is a choice! But it does come from the Lord — and He alone is the originator of true joy. We don't have to produce it or drum it up on our own.



(Joy cont'd)

# What Does the Bible Teach Us about Joy?

**1. God, Himself, is the source of our joy. Galatians 5:22-23** gives us a list of the fruits of the spirit — and joy is listed there as one of the by-products of the Holy Spirit living and abiding in us. This chapter in Galatians tells us that it is possible to "live in the Spirit" and "walk in the Spirit" (Galatians 5:16 and 25), meaning that He will naturally produce His fruit in our lives as we live for Him.

God alone can produce true joy — and He does that naturally through His Spirit living in those who have put their trust in Him. It's important for us to understand that only God Himself can give us the ability to respond to life's difficult circumstances with that inner contentment and satisfaction.

2. We can choose to respond to life's trials with joy when we consider God's purpose for those times of suffering. It's true that only God can supply genuine joy. However, there is a key technique in James 1:2 to help us. Once again, this verse says, "My brethren, count it all joy when you fall into various trials." Notice the word "count."

Some other English versions of the Bible translate it, "consider." It's a word that means to systematically scrutinize or to examine as in taking an exam (see Jamieson-Fausset-Brown "Bible Commentary" in Logos Bible Software). The idea here is that the believer should thoroughly list the potential advantages of this situation to gain a better understanding of what God may want to accomplish. A simple illustration of this truth would be a child counting the change in their piggy bank and then realizing that they have more money than they thought. The old chorus "Count Your Blessings" by Johnson Oatman, Jr. makes the same point, "Count your many blessings, name them one by one, and it will surprise you what the Lord has done." When we truly count or consider what God is doing, we will conclude that indeed our response should be one of joy.

**3.** It is possible to have joy to the fullest even during life's most difficult times. It's also important to note the simple word "all" in James 1:2. The writer uses it to describe the kind of joy that can only come from God Himself. It is a word that means completely or wholly. This is not just "some" joy. We can experience "all joy." or joy to the fullest, or the most complete joy.

The Apostle Peter also writes about this kind of joy even in the midst of a variety of trials in 1 Peter 1:6, "In this you greatly rejoice, though now for a little while, if need be, you have been grieved by various trials." He teaches us that we can "greatly rejoice." This is an overflowing, exuberance-filled, lively joy. That is exactly the kind of joy that God's people can experience even when faced with a variety of trials or difficult times. God provides that abundant and complete joy.

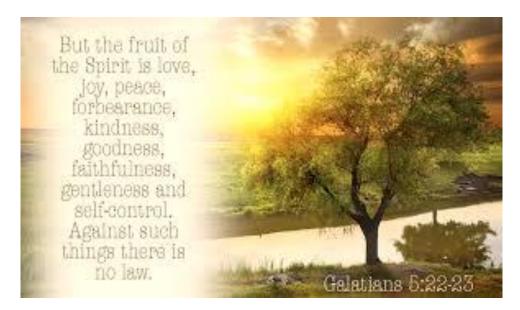
It is a natural human inclination to think that living through trials and negative circumstances would not be an occasion for joy. Choosing to respond to life's difficult situations with inner contentment and satisfaction doesn't seem to make sense. Yet, the believer can experience genuine joy to the fullest by taking the initiative to actively consider all that God is doing and that He has a definite purpose in mind for His people.

Joy doesn't mean forcing happiness during sad circumstances. We can usually tell when someone tries to fake it until they make it. But joy comes during every season. It is an outpouring of the Holy Spirit. Joy comes from our choices to choose **joy**.

Source: Mel Walker, Christianity.com

Submitted by Paulette Tapp, Communications Ministry

# SCRIPTURE OF THE MONTH





# **OUTREACH MINISTRY**

Diana McGhee, Director



# One Body Saved to Serve



For more information about the Outreach Ministry, please contact: Diana McGhee at 404-312-1232 or <a href="mailto:dianaymcghee@bellsouth">dianaymcghee@bellsouth</a>.net or Catherine Stafford at 678-983-7587.

# **HEALTH MINISTRY**

Vickie Perry, RN/BSN, Ministry Leader



Breast cancer is a disease in which malignant (cancer) cells form in the tissues of the breast. When cancer cells travel to other parts of the body and begin damaging other tissues and organs, the process is called metastasis.



- In 2021, an estimated 281,550 new cases of invasive breast cancer will be diagnosed in women in the U.S. as well as 49,290 new cases of non-invasive (in situ) breast cancer.
- 63% of breast cancer cases are diagnosed at a localized stage (there is no sign that the cancer has spread outside of the breast), for which the 5-year survival rate is 99%.
- This year, an estimated 43,600 women will die from breast cancer in the U.S.
- Although rare, men get breast cancer too. In 2021, an estimated 2,650 men will be diagnosed with breast cancer this year in the U.S. and approximately 530 will die.
- 1 in 8 women in the United States will be diagnosed with breast cancer in her lifetime.
- Breast cancer is the most common cancer in American women, except for skin cancers. It is estimated that in 2021, approximately 30% of all new women cancer diagnoses will be breast cancer.
- There are over 3.8 million breast cancer survivors in the United States.
- On average, every 2 minutes a woman is diagnosed with breast cancer in the United States.

#### **Good News About Breast Cancer Trends**

In recent years, perhaps coinciding with the decline in prescriptive hormone replacement therapy after menopause, we have seen a gradual reduction in female breast cancer incidence rates among women aged 50 and older. Death rates from breast cancer have been declining since about 1990, in part due to better screening and early detection, increased awareness, and continually improving treatment options. Source: nationalbreastcancer.org

# **Your Health Is A Life Long Journey**

- 1) Take care of body and mind;
- 2) Get and stay active:
- 3) Manage a healthy weight;
- 4) Practice good sleep habits

# COVID-19

# Key Facts About COVID-19 and COVID-19 Vaccines

WHAT WE KNOW COVID-19 is a deadly virus that does not discriminate.

**WHAT WE NEED** Population/Herd immunity which makes it hard for a disease to spread from person to person.

WHAT CAN WE DO Educate ourselves about the COVID-19 vaccine and get vaccinated.

**WHAT WE NEED TO KNOW** COVID-19 vaccines are safe and effective. Vaccines cannot give you COVID-19. You may have side effects after vaccination. These are normal and should go away in a few days.

**HOW WILL THE COVID-19 VACCINE HELP** COVID-19 vaccines are effective at keeping you from getting COVID-19, especially severe illness and death. COVID-19 vaccines reduce the risk of people spreading the virus that causes COVID-19.

#### For more information go to

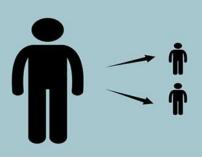
https://www.cdc.gov/coronavirus/2019-ncov/vaccines/about-vaccines/index.html

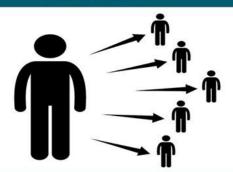
Trust in the LORD with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths. Proverbs 3:5-6

# The Delta variant is more contagious than previous strains—it may cause more than 2x as many infections

**ORIGINAL COVID-19 STRAIN** 

**DELTA VARIANT** 





Vaccines protect you from hospitalization, severe infections, and death



cdc.gov/coronavirus



# Coming October 13, 2021 COVID-19 Vaccinations at FBC

WHAT: THE PFIZER SHOT WILL BE ADMINISTERED

WHERE: FRIENDSHIP BAPTIST CHURCH

WHEN: WEDNESDAY, OCTOBER 13, 2021

9:00AM - 2:00PM

How: Pre-registration is suggested

SEND AN EMAIL TO FBCDULUTH@ATT.NET

WHICH INCLUDES YOUR NAME AND PHONE NUMBER

If anyone suspects they may be ill with COVID-19, call 770-513-5631 to schedule a FREE drive-through Test

# **COVID INFORMATION & PREVENTION TIPS**



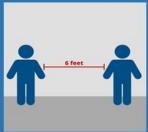
STAY AT HOME AS MUCH AS POSSIBLE



WASH HANDS WITH SOAP OR USE 60%+ ALCOHOL HAND SANITIZER



WEAR A MASK WHEN OUT AND ABOUT



STAY 6 FT APART DO YOUR

COVID-19 has a wide range of mild to severe symptoms which may appear 2-14 days after exposure to the virus.

TO ACCESS THE SYMPTOM CHECKER GO TO https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html

REMEMBER WE ARE ALL IN THIS TOGETHER





Pray at all times in the Spirit, with all your prayers. Be alert and watch with purpose and perseverance, interceding on behalf of all the saints. Eph 6:18





# REMEMBER THE SICK AND SHUT-IN WITH PRAYER AND CALLS

Bro. Willie Benton
Min. Karen Blacknell
Rev. Kenneth Blacknell
Dea. Willie Blake
Sis. Joyce Brooks
Sis. Sherie Brown
Bro. Dwayne Bynum
Bro. Nicholas Caldwell
Sis. Sherita Caldwell
Bro. Tyler Caldwell
Sis. Erika Crosby
Sis. Nekka Dean
Sis. Doris Doyle

Sis. Essie Foy
Sis. Minnie Fry
Sis. Marlon German
Sis. Barbara Hall
Sis. Crystal Ingram
Sis. Charlotte Hayes
The Hayes Family
Bro. Emanuel Hazell
Sis. Dorothy Jamison
Bro. Patrick Jones
Bro. Dennis Kimmey
Sis. Mabel Lawrence
Dea. Jack Leverett

Bro. Laceem McCall
Sis. Thelma Matthews
Bro. Quintrell Melancon
Sis. Roxanne Motley
Evg. Valerie Montaque
Sis. Mary Myers
Sis. Ruthie Nelson
Sis. Gloria Peters
Bro. Garvin Potts
Sis. Catherine Pressley
Sis. Carrie Rawls
Sis. Peggy Rogers
Dea. Clarence Slaughter

Bro. Antone Smith
Sis. Latisha Smith
Bro. Xavier Stephens
Sis. Tiffany Stovall
Sis. Mabel Thomas
Amonte Tolbert
Bro. Seth Tyler
Sis. April Walker
Rev. Dwight Wilkerson
Min. Floyd Williams
Sis. Sadie Wilson
Bro. Victor Winston, Jr.



# The Awesome Privilege of Prayer

# Why Christians must take time to talk with God

BY **R.T. KENDALL, AUTHOR/SPEAKER/THEOLOGIAN** | SEPTEMBER 1, 2019 |

The greatest benefit of being a Christian is knowing that you will go to Heaven when you die. There are many other benefits as well, such as having God's Word, His guidance, His promise to supply your needs, the joy of beginning relationships with faithful, eternal friends.

But chief among these other benefits is the privilege of prayer. Prayer is what gives us access to the Most High God who can do anything. This access means that you can talk to God about anything. One of the great promises is this: "In all your ways acknowledge him, and he will make straight your paths" (Proverbs 3:6). One definition of prayer is asking God to act. "You do not have, because you do not ask" (James 4:2).

But are there consequences of not praying? Yes.

A blatant example of not praying was when the Gibeonites deceived Joshua. The Gibeonites were in fear that they would soon be vanquished by the Israelites like other nations that had been conquered. And they would have been. But Joshua believed that these people were sincere and gave them indemnity from being destroyed by swearing an oath to them. But then comes that most ominous verse: they "did not ask counsel from the Lord" (Joshua 9:14).

How could Joshua have been so careless? Possibly because there was such a great sense of the guidance and approval of the Lord that it did not cross Joshua's mind to pray about it. Except for the debacle at Ai, the Israelites had enjoyed one victory after another in the Promised Land. Joshua was now on a roll. He was confident and had every reason to be. But not asking for God's counsel was costly. This goes to show how those of us deeply involved in the work of the Lord might unwittingly take His presence and approval for granted.

# What Prayer Will Do For You

Children spell love T-I-M-E. What if God spells our love for Him T-I-M-E?

The chief benefit of prayer is getting to know God's ways. How do you get to know anybody's ways? By spending time with them. God lamented of ancient Israel, "They have not known my ways" (Hebrews 3:10). God wants us to know His ways. Knowing God's ways includes discovering what pleases Him and what displeases Him. It comes from developing intimacy with Him. The consequence of prayerlessness is that we become hard, cold and, almost certainly, defensive and unteachable.

How much do you pray? Martin Luther (1483-1546) prayed two hours a day. John Wesley (1703-1791) prayed two hours a day. According to one poll, the average church leader in Britain and America prays four minutes a day. And we wonder why the church is powerless!

Not praying, then, is to forfeit a close relationship with God. He confides in those who fear Him (see Psalm 25:14). There is no greater privilege than this—having a close friendship with God.

"Oh what peace we often forfeit, Oh what needless pain we bear, All because we do not carry Everything to God in prayer." —Joseph M. Scriven (1819-1886)

(Awesome Privilege of Prayer cont'd)

# What Prayer Does For Others

God has chosen prayer as a means to move Him to act. He could step in of course without our turning to Him. But strange as it may seem, sometimes God does nothing except in answer to prayer.

When the early church was threatened by the Sanhedrin, the disciples prayed. "And when they had prayed, the place in which they were gathered together was shaken, and they were all filled with the Holy Spirit and continued to speak the word of God with boldness" (Acts 4:31).

When Peter was imprisoned the people prayed: "Earnest prayer for him was made to God by the church" (Acts 12:5). He was immediately delivered (see Acts 12:6-11).

The year 2019 marked the 75th anniversary of D-Day. The last time Britain prayed as a nation was on the occasion of D-Day, and God stepped in miraculously and ensured the victory of World War II. That same year marked the 70th anniversary of the Hebrides Revival beginning in Scotland (1949-52). Prayer preceded this phenomenon, particularly the prayer of two women in their 80s who wouldn't give up their praying.

It is sobering to contemplate what would have happened had not the church, the nation and two women prayed as they did.

# What Happens When We Stop Praying

When we stop praying, unbelief often sets in. We tend to stop praying because we think God is not going to answer us. However, until God says an undoubted no, we should not give up.

Zechariah and Elizabeth prayed for a son. But at some point Zechariah may well have given up on that prayer, assuming it was not in God's will. Unexpectedly, the angel Gabriel announced to Zechariah, "Your prayer has been heard" (Luke 1:13). Sadly, Zechariah didn't believe the angel. And as a result, Gabriel had to say, "You will be silent [or dumb as the KJV says] and unable to speak until the day that these things take place, because you did not believe my words, which will be fulfilled in their time" (Luke 1:20).

Behind this amazing story is what we learn from John: Any prayer prayed in the will of God will be answered: "If we ask anything according to his will he hears us" (1 John 5:14). But the shape that answered prayer takes is determined by our readiness at the moment God answers. Zechariah was heard, but he doubted, even in a face-to-face encounter with an angel. It was believed it was likely he had stopped praying, at least in any semblance of belief, and the result was that he was not allowed to enjoy answered prayer as he might have.

When we get to Heaven, do not be surprised if we learn these two things: (1) the consequences of not praying, and, (2) what happened when we gave up praying too soon. Praying is never wasted time. What is more, there will be no praying in Heaven. Worship? Yes. Asking God to act? No. This is expressed in one of the verses from the hymn "Sweet Hour of Prayer": "Sweet hour of prayer! Sweet hour of prayer! May I thy consolation share, Till, from Mount Pisgah's lofty height, I view my home and take my flight: This robe of flesh I'll drop and rise To seize the everlasting prize; And shout, while passing through the air, 'Farewell, farewell, sweet hour of prayer!" —William Walford (1772-1850)

# Trusting, Waiting and Depending on The Lord

by Rev. Eugene B. Graves

Scripture: Isaiah 40 - Verse 31: "But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint."



Our Lord puts trust as the very foundation of praying. The background of prayer is trust. The whole outcome of Christ's ministry and work is dependent on steadfast trust in his Father. The center of trust is God. Mountains of difficulties and all other hindrances to prayer are moved out of the way by trust and its powerful accomplice – faith.

When trust is perfect and without doubt, prayer is simply the outstretched hand ready to receive. Trust perfected is prayer perfected. Trust looks to receive the thing asked for and gets it. Trust is not a belief that God can bless or that he will bless, but that he does bless, here and now. Trust always operates in the present tense. Hope looks toward the future. Trust looks to the present. Hope expects. Trust possesses. Trust receives what prayer acquires. So, what prayer needs at all times is abiding and abundant trust. Isn't it amazing that God knows how to navigate the circumstances of our lives where we can neither go backward or forward, and we have no other choice but to trust, wait and depend on the Lord! If there's ever been a time when we need to trust, wait, and depend on the Lord, now is the time.

The text before us is centered around the tribe of Judah who are in Babylonian captivity. Facing a long difficult journey and instead of praising God they were complaining to God that He did not know or wasn't concerned with their present situation. Their complaint was that they didn't have strength for the journey, but it's important to realize that God knows what we are going through and we could never endure the journey in our own strength.

Because if we trust ourselves, we will faint and fall, but if we wait on the Lord, we will receive strength for the journey. The key word in this verse is "WAIT" and the word wait does not suggest that we sit around and do nothing, but it means to hope -- to look to God for all that we need. While we are waiting, God is going to be working on our behalf and as long as God is working, we have the assurance that God is going to work things out for our good (Romans 8:28).

Isaiah tells us: "But they that wait upon the Lord shall renew their strength"; God will give us Rejuvenation. In other words, God will supply our needs and give us back everything we lose in the process of waiting. If anyone has ever studied the Book of Job, you can testify that Job was a man that waited on God. Can I tell you what I'm talking about? In Job, the 2<sup>nd</sup> Chapter, Bro. and Sis. Job has a talk. Allow me to paraphrase their conversation:

Sis. Job tells Bro. Job, I'm sick of your situation, I'm sick of how you smell and I'm sick of you scraping those sores off your body, but most of all I'm sick of how you are trusting in a God that has abandoned you. If you are a real man why don't you get up, look toward Heaven and curse God and die. The Bible says Job did get up, but he did not curse God.

Verse 10 in the text reveals that Bro. Job tells Sis. Job that she's talking like a foolish woman. Shall we accept the good things from God and not bad and can I remind you, for it's the Lord that gives and the Lord taketh away; blessed be the name of the Lord.

(Trusting, Waiting cont'd)

The text reveals that when we trust, wait and depend on God, He will also give us elevation. "We shall mount up on the wings of eagles." Can I share some eagle theology?

An eagle is a fine specimen of a bird, because the eagle is a rare and unique swift-keenly bird. Even in its ability to fly into a storm, he finds safety in his ability to rise above the storm. The wing span of the eagle is so large that he stretches his wings out and the wind gets beneath his wings and elevates him above the storm.

I wonder if there is anybody that has stretched your hands out before God in your midnight hour and gave him all your problems. Gave him all your trials and tribulations, but in the midst of stretching out, God allowed the wind of the Holy Spirit to get beneath you and lift you above your problems, lift you above your trials and tribulations.

But not only will God give us Rejuvenation, not only will God give us Elevation, but God will give us Acceleration. Isaiah tells us that we shall run, and not be weary.

Whom does God bless in this way? Who are the recipients of God's gracious strengthening? **Those who trust in the Lord**.

You see, not everyone gets strengthened by God's power. Not everyone is enabled to **soar on wings like eagles**, when God swoops down and lifts them out of bad situations. Only those who trust God's perspective on their situations **will run and not become weary** as God provides a second wind to make it through challenges. Only those who believe his Word and submit to it can expect to experience his spiritual power for daily life.

You will walk and not faint as God changes you, whether or not he changes your situation.





# "My Words Have Power"

Allow me to introduce myself— my name is Elder Jackie Leverett Bostick, Executive Pastor of Living Stones Church in Covington, GA. The proud wife of Pastor Isaac King Bostick, Sr. and mother of two fine young men. I am the second child of my father Deacon Jackie Leverett of Friendship Baptist Church, Duluth,

GA. I love sharing the gospel and singing praises to God with my dad on any given day at any time day or night. God has shown me the great need that exists for all to know the amazing and unending love that He has for His people. In one day, I have seen people transform right before our eyes by the magnificent and transcending love of God. Relationships are healed, value is restored, and their feet are set upon a new path in the fullness of God's design for our lives.

While working in corporate America, I learned very quickly to set goals and pursue them intentionally. In the Kingdom of God, it is the same as "write the vision and make it plain..." Habakkuk 2. I can recall many times meeting with managers to share with them my goals, my aspiration's, my desires, and they would encourage me very quickly saying; Jackie, you can do it! You can do anything you set your mind to. Of course, that led me to Philippians 4:13 "I can do all things through Christ who strengthens me." These are the scriptures that my mother and father instilled in me to help shape and mold my future. I quickly learned that my words have Power. My career was very successful and allowed me to mentor many employees over some 20 years. I would give them what was given to me, Power. Power by speaking life to them and encouraging each one to stay focused on their goals. Some would go on to become executive level managers. Now I speak to you and share with you the good news that you can have your hearts desires. You possess the ability to speak your dreams and visions into existence.

Proverbs 11:4 "A person's words can be life-giving water; words of true wisdom are as refreshing as a bubbling brook."

Proverbs 18:21 "The tongue has the power of life and death, and those who love it will eat its fruit."

I encourage you today to speak life every time you get a chance. Be mindful of whose around you and what is being spoken into your life. You must guard your ear gates and remember You have the Power to change your situation. It doesn't matter what your past experiences may have been. What matters is that you surrender to God and take on the attributes of the Almighty: Love, Joy, Peace, Kindness, Patience, Goodness, Gentleness, Faithfulness, and Self-Control. Don't you dare allow the enemy to take you off your square. Instead, allow the scriptures that have been shared above to take root in your life. I promise you God will lead you on this path of righteousness just like he did the children of Israel. In the book of Acts, we find Paul and Silas singing and praying to God and suddenly there was a great earthquake. God shook their foundation. Not only were they freed but so were the prisoners. You have the same power as you cry out to God; for heaven is voice activated! Who knows, you could cause a domino effect to take place and all the people around you end up blessed simply because you opened your mouth!

Go in Peace! Elder Jackie Leverett Bostick

Elder Jackie J. Bostick is committed to community involvement and supports several non-profit and for-profit organizations: Living Stones Church of Metro Atlanta, Zeta Phi Beta-Zeta Amicae of Covington, GA- President, New Beginning Kidney Foundation Conyers, GA-Chief Operations Officer, Bostick General Services, LLC-Certified Life Coach.



# THREE THINGS WE CAN LEARN FROM SENIORS ABOUT HAPPINESS

What is the happiest age? Many of us think of the carefree days of childhood, or being young adults with so many possibilities ahead. But studies show something different: **happiness** increases with age.

While studies have shown that there is a peak in happiness around age 23, those same studies show that happiness and life satisfaction are greater after age 60 and especially into our 70s and 80s!

In fact, life becomes *much* more positive in our senior years. According to a study from the London School of Economics, the happiest age is 69. And, the news gets better: people's happiness with their physical appearance peaks in their 70s and 80s. Even better, overall life satisfaction is highest between age 82 and 85.

# Why are seniors happier?

Young and middle-aged adults often look ahead to the troubles of aging with concern. Yet, despite normal physical changes associated with aging, seniors are consistently happier and more satisfied than any other age group. This finding is consistent across multiple studies from around the world. With age comes wisdom, and with wisdom comes happiness.

Researchers offer many explanations for greater happiness and satisfaction among older people:

## 1. Reduced negative emotions.

A Stony Brook University study shows that stress, worry, and anger significantly decrease over our adult lives. These negative emotions peak in most people's late twenties and early thirties. Then, they steadily decline into our senior years.

## 2. Focusing on what is meaningful.

During the householder years, people are focused on achievements in career and the day-to-day details of family responsibilities. After retirement, the focus shifts from achievement to enjoyment. Seniors are generally more appreciative of the "little things."

It is also suggested that with age, people become more aware of time and shift their focus to what is meaningful and enriching, rather than the busyness of day-to-day tasks.

## 3. Optimism and Trust.

Seniors are, overall, more optimistic than younger adults. A Buffalo University and Northwestern University study finds that happiness in seniors also is correlated with becoming more trusting. Study coauthor Claudia Hasse suggests, "We know that older people are more likely to look at the bright side of things. As we age, we may be more likely to see the best in other people and forgive the little letdowns that got us so wary when we were younger."

(Seniors Happiness cont'd)

# **Learn From Seniors: Three Ways To Increase Happiness Now**

Here's how we can learn from the seniors in our lives and start increasing our own happiness:

- 1. **Take steps to reduce stress, worry, and anger** *now.* Even when retirement is still some time away, there are ways to slow down now.
  - o Make time to exercise. Even light exercise is a natural stress reliever.
  - Spend a few minutes each day meditating.
  - Reduce clutter in the home.
  - Take a few minutes each day to unwind with a funny show or book. Laughter helps train the mind to see humor – and lighten up – in any situation.

# 2. Focus on what is meaningful.

- Minimize distractions while with family and friends. Designate special phone-free times.
- o Give senior loved ones the gift of your time. Even if it's for a quick cup of coffee or running an errand together, take time to connect.
- 3. **Grow your optimism.** Optimism is something you can practice!
  - Smile! Even a "fake" smile has been shown to boost mood.
  - Take a moment at the end of the day to jot down three positive things that happened, no matter how small.
  - Optimism is contagious. Share the positivity, especially with the special seniors in your life!

Source: FountainView at College Road is a Glatt Kosher senior living community in Rockland County, NY.

All of the above is great information to practice as we journey through life ... but remember the most important thing is...

Article submitted by Paulette Tapp Communications Ministry





# **A Sermon From My Garden**

By Hyacinth Chung, Communications Ministry

In late May I decided to brave all the forces that prevent me from being an outdoors woman and make a vegetable garden—forces like lizards, snakes, bugs and anything that creeps, crawls or jumps. I planted okra, bell peppers, tomatoes, scotch bonnet peppers,

cucumbers, eggplant and thyme. I even added strawberries, blueberries, watermelons and cantaloupe.

I diligently watered and weeded for the first few weeks until they started flowering. There I stood smiling like a proud mother looking at what my hands had planted and seeing the young vegetables and fruit taking form.

The cucumbers and melons started spreading like wildfire. It ran all over the place with brightly colored yellow flowers enticing the sunlight to shine a little brighter. I started to count how many would be gathered up for reaping; I couldn't get an accurate count of all the flowers because they ran over each other, intertwining and stretching its vines over everything in its path. I remember singing and praising God right there in front of the planter boxes, giving Him glory for his handiwork and the beauty of His creation.



First fruits came and I blessed my neighbor and prayer partners with them; next harvest will be mine, I thought, then complacency stepped in. I saw a lizard by the pipe where the watering hose was, so I said next day I'll water and this happened all too often. The flowers disappeared from the vines, baby melons turned yellow and fell off the vines before it came to maturity. Caterpillars and worms took over the tomatoes

and eggplants and the cucumber vines started drying up. The blueberries and strawberries were eaten by the ever, clever chipmunks and squirrels.

Then the parable of the Sower came to mind in Matthew chapter 13. In verses 4 to 9, "When he sowed, some fell by the wayside and the fowls came and devoured them up. Some fell upon stony places where they had not much earth and forthwith they sprung up because they had no deepness of earth; and when the sun was up, they were scorched, and because they had no root, they withered away; and some fell among thorns and the thorns sprung up and choked them; But others fell onto good ground and brought forth fruit, some a hundredfold, some sixtyfold and some thirtyfold; Who hath ears to hear, let him hear."



You see my cucumbers were planted too close to each other, the box was crowded, so they were choked, couldn't breathe enough to reproduce a second time. Just like some saints, they got the Word and started to run with it, produced fruit in the early months or years of being saved but took their eyes off the prize and started listening to negativity, aligning themselves with the wrong people. They ran from church to church with different doctrines and

got choked out of their mission.

The melons produced fruit but they did not come to maturity because, like some saints, they were not grounded in the Word of God, so they fell for any kind of doctrine they heard, not searching the Word of God to find His truth. The eggplant and tomato leaves and fruits were eaten by the caterpillars and worms. The bare tree could not withstand the winds and intense sunlight so it started drying up.



# (Sermon from My Garden cont'd)

Again, when you are not grounded in the Word of God, the enemy will come in like a flood and get the better of us because his mission is to rob us of our joy, to steal, kill and destroy.



The scotch bonnet peppers, Jamaica's finest, withstood the elements, the insects and the hungry, hungry caterpillars. They kept producing thirty, sixty and up to a hundredfold! I had peppers sent all over the USA and Canada from the yield of my three trees that were planted in flowerpots. This is like the saints that are grounded and rooted like a tree planted by the waters. Jeremiah 17 verses 7-8, "For he shall be as a tree planted by the waters, and that spreadeth out her roots

by the river, and shall not see when heat cometh, but her leaf shall be green and shall not be careful in the year of drought, neither shall cease from yielding fruit."

Then, there is the gardener's responsibility to tend to the garden. I shunned my duties by letting fear of

the lizards turn me away from weeding, tending and watering. I could have saved more of the fruits but my mentality was "outside belongs to you and inside belongs to me so I will not invade your space and you stay out of mine." When adversity arose, I backed away instead of relying on God's Word that says in 2<sup>nd</sup> Timothy 1:7, "For God hath not given us the spirit of fear, but of power, and of love, and of a sound mind." Let's see what Brother Jeremiah has to say about this.





Jeremiah 23 vs 1-4, "Woe be unto the pastors that destroy and scatter the sheep of my pasture, says the Lord. Therefore, thus saith the Lord God of Israel against the pastors that feed my people; Ye have scattered my flock, and driven them away and have not visited them: behold, I will visit upon you the evil of your doings, saith the Lord. And I will scatter the remnant of my flock out of all the countries whither I have driven them and will bring them again to their folds; and they shall be fruitful and increase. And I will set up shepherds over them which shall feed them' and they shall fear no more, nor be dismayed, neither shall they be lacking, saithe the Lord."

Like some pastors who run away from their churches when conflicts and confrontations crop up, I also ran away from my duties as a gardener. I was steward of the crops, but I took my duties lightly; I was not prepared to be in it for the long haul. I pray that as you read this article, you will not take it as for entertainment only but also as a wake-up call to re-examine our walk with God to see where we are, or where we have fallen short.



Stay safe and well my church family. Hyacinth Chung

# **MEN'S MINISTRY**

Marvin Whitfield, Ministry President



GENTLEMEN, PLEASE JOIN US FOR OUR MONTHLY ZOOM MEETINGS EVERY FIRST SATURDAY @ 10:30 AM AT THE FOLLOWING LINK:

https://us02web.zoom.us/j/86809041871?pwd=YkdxWDFoREs1YzJzbDBIL3RHRTI4UT09

October Event



OCT 9<sup>TH</sup>

# COME WATCH THE GAME

PM

Men's Ministry
College Game Day Men & Youth Outdoor Fellowship

Friendship
Baptist Church
Lower Parking Lot
MASKS ARE
REQUIRED



JOIN US FOR
FOOD
DRINKS
AND
GAMES

3:30

RSVP TO FBC\_SECRETARY\_01@OUTLOOK.COM BY 09/30/21 FOR MORE INFO CONTACT: BRO. MARVIN WHITFIELD 678.896.3918



FBC Women's Ministry 2021 - "We're All In!"

# Women's Ministry

connecting teaching encouraging

"Blessed is she who has believed that the Level would fulfil His premises to her" Luke 1:45

We meet the 2<sup>nd</sup> Saturday each month! Come join us as we go after God with all our heart!

Intercessory

Zoom Meeting ID: 827 8986 6699

Passcode: 903992

Fellowship 9:00

For more info contact Min. Monique Stroman (678) 357-8282 or Sis. Leslie Houston (770) 296-8874

# **Celebrating Our History**

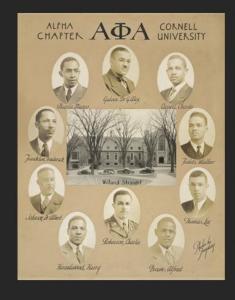
A people without the knowledge of their past history, origin and culture is like a tree without roots.

**Attributed to Marcus Garvey** 





The Divine 9







Alpha Phi Alpha Fraternity, Inc. (ADA) is the first intercollegiate historically African American fraternity. It was initially a literary and social studies club organized in the 1905–1906 school year at Cornell University but later evolved into a fraternity with a founding date of December 4, 1906. It employs an icon from Ancient Egypt, the Great Sphinx of Giza, as its symbol. Its aims are "Manly Deeds, Scholarship, and Love for All Mankind," and its motto is "First of All, Servants of All, We Shall Transcend All."

Alpha Phi Alpha - 1906

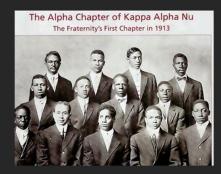






The sorority was founded on January 15, 1908, at the historically black Howard University in Washington, D.C. Forming a sorority broke barriers for African American women in areas where they had little power or authority due to a lack of opportunities for minorities and women in the early 20th century Alpha Kappa Alpha Sorority, Inc. (AKA) is the first intercollegiate historically African American sorority. The organization was founded on five basic tenets: To cultivate and encourage high scholastic and ethical standards, to promote unity and friendship among college women, to study and help alleviate problems concerning girls and women to improve their social stature, to maintain a progressive interest in college life, and to be of 'Service to All Mankind'.

Alpha Kappa Alpha - 1908







Kappa Alpha Psi Fraternity, Inc. (ΚΑΨ) is a historically African American fraternity. Since the fraternity's founding on January 5, 1911, at Indiana University Bloomington, the fraternity has never restricted membership based on color, creed or national origin. The fraternity has over 160,000 members with 721 undergraduate and alumni chapters in every state of the United States, and international chapters in the United Kingdom, Germany, South Korea, Japan, United States Virgin Islands, Nigeria, South Africa, and The Bahamas. Kappa Alpha Psi was founded January 5, 1911, at Indiana University, Bloomington, Indiana, and its opposition to hazing or unlawful or anti-social conduct of any kind has been continuous since its founding, implicit in its founding precepts and explicit in its declaration first published in the year 1949 stating that hazing in any form is illegal.

Kappa Alpha Psi - 1911

Omega Psi Phi Fraternity, Inc.  $(\Omega\Psi\Phi)$  is a historically African American fraternity. The fraternity was founded on November 17, 1911. Omega Psi Phi is the first fraternal organization founded at a historically black university. Since its founding in 1911, Omega Psi Phi's stated purpose has been "to attract and build a strong and effective force of Handsome men dedicated to its Cardinal Principles of manhood, scholarship, perseverance, and uplift" Since 1945, the fraternity has undertaken a National Social Action Program to meet the needs of African Americans in the areas of health, housing, civil rights, and education. Omega Psi Phi has been a patron of the United Negro College Fund (UNCF) since 1955, providing an annual gift of \$350,000.00 to the program.

Omega Psi Phi - 1911







Dr. Oscar J. Cooper Professor Frank Colema (1888-1972) (1890-1967)

(1891-1974)

Dr. Ernest E. Just (1883-1941)







Delta Sigma Theta Sorority, Inc.  $(\Delta \Sigma \Theta)$  is a historically African American sorority. In January 1913, the organization was founded by college-educated women at Howard University in Washington D.C. The sorority is dedicated to public service with an emphasis on programs that assist the African American community. Membership is open to any woman who meets the requirements, regardless of religion, race, or nationality. Women may join through undergraduate chapters at a college or university, or through an alumnae chapter after earning a college degree. The first public act of Delta Sigma Theta was participating in the Women's Suffrage March in Washington D.C., on March 3, 1913. It is the largest African-American Greek-lettered organization.

Delta Sigma Theta - 1913

Phi Beta Sigma Fraternity, Inc. ( $\Phi$ B $\Sigma$ ) is a historically African American fraternity that was founded at Howard University in Washington, D.C. on January 9, 1914.

Phi Beta Sigma wanted to exemplify the ideals of Brotherhood, Scholarship and Service while taking an inclusive perspective to serve the community as opposed to having an exclusive purpose. The fraternity exceeded the prevailing models of Black Greek-Letter fraternal organizations by being the first to establish alumni chapters, youth mentoring clubs, a federal credit union, chapters in Africa and a collegiate chapter outside of the United States.

During the first two years, the fraternity organized and maintained a Sunday school program, led by A.H. Brown; and opened a public library and art gallery, which became the foundations of the Benjamin Banneker Research Society and the Washington Art Club, respectively.

Phi Beta Sigma - 1914













Zeta Phi Beta Sorority, Inc. ( $Z\Phi B$ ) is an international, historically African American sorority. In 1920, five women from Howard University envisioned a sorority that would raise the consciousness of their people, encourage the highest standards of scholastic achievement, and foster a greater sense of unity among its members. These women believed that sorority elitism and socializing overshadowed the real mission for progressive organizations. Since its founding Zeta Phi Beta has historically focused on addressing social causes.

Sigma Gamma Rho Sorority, Inc. (ΣΓΡ), a historically African American sorority and international collegiate and non-profit community service organization, was founded on November 12, 1922, by seven young educators on the campus of Butler University in Indianapolis, Indiana. Founded during segregation, Sigma Gamma Rho Sorority, Inc. is the only sorority of the four historically African American National Pan-Hellenic Council (NPHC) sororities established at a predominantly white institution. It is also the only sorority not founded at Howard University, and the only member of the NPHC that started as a professional sorority having been organized by university graduates rather than undergraduates.





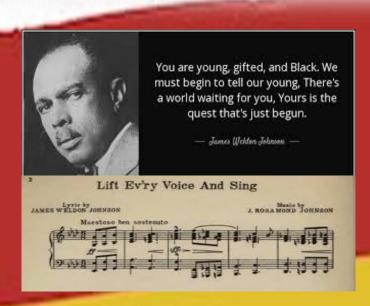






lota Phi Theta Fraternity, Inc. ( $I\Phi\Theta$ ) is a historically African American fraternity. It was founded on September 19, 1963, at Morgan State University (then Morgan State College) in Baltimore, Maryland, and now has initiated over 30,000 members.[4] Members of the close-knit Afrocentric fraternity proudly embrace the organization's youth, uniqueness, individualism (stereotyping discouraged) and modern idealism.

Unlike most of their fraternity peers, the founders were all non-traditional students. Many of them were three to five years older, worked and attended classes full time, had served in the military and had families with small children. Based upon their ages, heightened responsibilities and increased level of maturity, the group had a slightly different perspective than the norm for typical fraternity members. It was this perspective from which they established the Fraternity's purpose, "The development and perpetuation of Scholarship, Leadership, Citizenship, Fidelity, and Brotherhood among Men." Additionally, they conceived the Fraternity's motto, "Building a Tradition, Not Resting Upon One!"

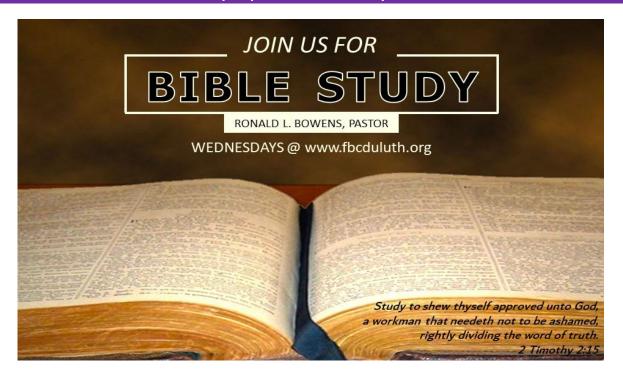


# **National Black Anthem**

Lift every voice and sing, till earth and heaven ring,
Ring with the harmonies of liberty;
Let our rejoicing rise, high as the listening skies,
Let it resound loud as the rolling sea.
Sing a song full of faith that the dark past has taught us,
Sing a song full of hope that the present has brought us;
Facing the rising sun of our new day begun,
Let us march on till victory won.

Stony the road we trod, bitter the chastening rod,
Felt in the days when hope unborn had died;
Yet with a steady beat, have not our weary feet,
Come to the place for which our fathers sighed?
We have come over a way that with tears has been watered,
We have come, treading our path through the blood of the slaughtered;
Out from the gloomy past, till now we stand at last
Where the white gleam of our star is cast.

God of our weary years, God of our silent tears,
Thou who has brought us thus far on the way;
Thou who hast by Thy might, led us into the light,
Keep us forever in the path, we pray.
Lest our feet stray from the places, our God, where we met Thee,
Lest our hearts, drunk with the wine of the world, we forget Thee.
Shadowed beneath Thy hand, may we forever stand,
True to our God, true to our native land.



#### PS. I Love You

... "For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life." - John 3:16

**Love, so many things I've got to tell you. But I'm afraid I don't know how.** . . If you don't remember anything else remember, **Love, loved you first!** I Corinthians 13:4-8 tells us "Love is **patient**, love is **kind**. It does not **envy**, it does not **boast**, it is not **proud**. It does not **dishonor** others, it is not **self-seeking**, it is not easily **angered**, it keeps no **record of wrongs**. Love does not **delight in evil** but **rejoices with the truth**."

There are four types of love: Storge - love of parents for children and vice versa; Philia - love of friends and equals; Eros - erotic, passionate love. Agape - unconditional "God" love, of mankind. And we need all four with the greatest of the four being Agape, for He loves you unconditionally; and it doesn't matter what you've done or who you are, He just loves you. And you can't do anything about it. The thing about Love is it loves who it loves, and you can't buy love, or pick it up off the shelf at the corner store; love is a choice--it's emotional; it's a strong feeling, affection for another arising out of kinship or personal ties. Money can't buy you love, you must show it, you must tell it, you must feel it, and you must communicate it to your person; you just know when it's real love.

When you love someone, you don't love them for their good personality traits and actions. You love them because you love them, with all their flaws and insecurities. When you love someone, you create your love every single day. Love is not something you fell into. It is a choice. It is an action; love is just love. Either you do or you don't. Love is a sacrifice, and if you aren't doing that you simply aren't loving. When you love, you love for better or worse, you love for sickness and health; you love during the good times and the bad times, you love in the right or the wrong. You just love!

"Love, many people take its name in vain. Love, those who have faith sometimes go astray. Love, through all the ups and downs of joy and hurt. Love for better or worse, I still would choose you first." - Lyrics as sang by, Musiq Soulchild And God said it like this, "I still would Love You First."

PS. I Love You! LOVE - Love Overcomes Virtually Everything! By Sheila King Knight, Devotional Writer





<u>FBC Sunday School on ZOOM!</u> Please join one of our Adult online Sunday School classes every Sunday from 9:45 am – 10:45 am. Go to fbcduluth.org and choose your class. The study for the fall quarter will focus on "Celebrating God." Sunday school books are available for pick up from the Church office Monday-Friday, 10am-2pm.

From the September 26<sup>th</sup> lesson "Believers Praise God" Acts 2:32-33, 37-47 Acts 2:42 "And they continued steadfastly in the apostles' doctrine and fellowship, and in breaking of bread, and in prayers."

<u>Liberating Lesson:</u> During the reconstruction period and through the period of Jim Crow segregation, the church was the spiritual, social, and political center of the Black community. In modern times, the church has become far less influential. What are some of the social and political factors that may have contributed to this decline? What are some of the implications of the church's decline in influence? What can the church do to improve its relevance to Black society? To society in general?

**Application for Activation:** Spend some time contemplating the lives of the early Christians. Think about their devotion to learning doctrine, their commitment to the church, and the willing sacrifices they made for each other. Ask God to point out areas where you and your church may need to improve. Then determine to work on those areas and share your experiences with others.





Sis. Charlene Benn, Ministry Leader









TEEN MINISTRY

Rev. Stan & Min. Barbara Williams, Ministry Leaders



News & Other Important Information

Welcome Back! Friendship Baptist Church is open Sundays at 11:00 am. The opening is limited and reservations are required. For Information and Registration go to fbcduluth.org/reopening/.

"Behold, how good and how pleasant it is for brethren to dwell together in unity!" Psalm 133:1

For the protection of everyone:

- Maintain social distancing
- A face mask is required at all times
- Follow ushers and staff instructions
- Walk directly outside after service
- Adhere to the signs posted in the church

"Let all things be down decently and in order." 1 Corinthians 14:40

### **Communications Ministry**

FBC's newsletter, Friendship's Voice, is the voice of the people. Being sheltered in has changed many lives in a number of ways. Consider sharing a word for God's people, a testimony, an inspiration, a helpful tip for parents trying to balance working from home and helping their children with school work. Are you doing something specifically to help others who are sheltered in? Have you adopted a new hobby or some other activity you would like to share with your Friendship family? Please provide feedback and include your name, phone number and email address and send to Paulette Tapp at ptapp1052@gmail.com or via text at 678-779-4661. If you need additional information about the Communications Ministry and would like to be a part of the ministry, please contact Louie Malone at tag49llm@aol.com.

Delta Sigma Theta Sorority, Inc. Marietta-Roswell Alumnae Chapter The Marietta-Roswell Alumnae Chapter of Delta Sigma Theta Sorority, Inc. seeks your support for our Biennial Cotillion 2022, a scholarship benefit for young women. The 16th Biennial Cotillion will be held, Saturday, November 19, 2022. This event raises scholarship funds for young women pursuing post-secondary education. Cotillion is a comprehensive eleven-month program designed for African American young women. On Sunday, October 17, 2021, 4:00pm-6:00pm, we are hosting a virtual Informational Meeting to acquaint young ladies and their parents/guardians with the process and provide details about the requirements for participation.



#### Contributions can also be mailed to:

Friendship Baptist Church P.O. Box 604 Duluth, GA 30096

# OPPORTUNITIES TO SERVE AT FRIENDSHIP

| 01 1 011                 | I CIVILLO I C                                    |                 | ings   |
|--------------------------|--|-----------------|--|
|                          | W  | EEKLY           | Sanctuary Classes and Meetings Sanctuary are virtual until further |
| Bible Study (Adult)      | Wednesday  | 7:30 pm         | Sanctuar Classes until   |
| Intercessory Prayer      | Wednesday  | 6:30 pm         | Sanctuary are VIII   |
| Mid-Week Service         | Wednesday  | 12:00 noon      | Lower Level Main Building  |
| New Members' Class       | Sunday   | 9:45 am         | Room 209 Family Life Center  |
| Sunday School            | Sunday   | 9:45 am         | Family Life Center   |
| Sunday School Teachers   | Wednesday  | 6:30 pm         | Lower Level Main Building  |
| Sunday Worship           | Sunday   | 7:30 & 11:00 am | Sanctuary  |
| Teen Church              | Sunday   | 7:30 & 11:00 am | Heritage Church  |
| Youth Church Bible Study | Wednesday  | 7:45 pm         | Lower Level Main Building  |
|                          | MONTHLY MIN                                      | NISTRY MEETIN   | NGS  |
| Communication's Ministry | 3rd Saturday                                     | 11:00 am        | Room 135 Family Life Center  |
| Deacon's Meeting         | Tuesday (1st & 3rd)                              | 7:00 pm         | Room 232 Family Life Center  |
| Education Ministry       | 2nd Monday                                       | 7:00 pm         | Room 303 Lower Level Main Bldg                                     |
| Gatekeepers Ministry     | 4th Saturday                                     | 10:00 am        | Room 130 Family Life Center  |
| Gospel Choir Preparation | Tuesday before 1st & 3rd Sunday 7:00 pm          |                 |  |
| Health Ministry          | 2nd Saturday                                     | 11:00 am        | Room 303 Lower Level Main Bldg                                     |
| Male Chorus Preparation  | 2nd & 4th Saturday                               | 9:30 am         | Sanctuary  |
| Marriage Ministry        | 3rd Saturday 5:00 pm                             | Sunday 9:45 am  | Room 239 Family Life Center  |
| Media Ministry           | 1st Saturday                                     | 9:30 am         | Room 130 Family Life Center  |
| Men's Ministry           | 1st Saturday                                     | 10:30 am        | TBA Monthly  |
| Minister's Meeting       | 1st Saturday                                     | 3:00 pm         | Room 232 Family Life Center  |
| Money Matters            | 2nd Saturday                                     | 11:30 am        | Fellowship Hall  |
| Mother's Ministry        | 1st Saturday                                     | 9:30 am         | Room 135 Family Life Center  |
| Outreach Ministry        | 3rd Saturday                                     | 9:00 am         | Fellowship Hall  |
| Prison Ministry          |  |                 |  |
| Seniors Ministry         | 4th Saturday                                     | 11:00 am        | Fellowship Hall  |
| Shepherd's Care Ministry | 3rd Saturday                                     | 10:00 am        | Room 202 Lower Level Main Bldg                                     |
| Singles Ministry         | 4th Saturday                                     | 12:30 pm        | Lower Level – Heritage Church                                      |
| Usher Ministry           | 1st Tuesday                                      | 7:00 pm         | Room 135 Family Life Center  |
| Women's Ministry         | 2nd Saturday                                     | 8:45 am         | Fellowship Hall  |
| Youth Choir Preparation  | Tuesday before 2 <sup>nd</sup> & 4 <sup>th</sup> | Sunday 6:45 pm  |  |
|                          | SPECIAL MOI                                      | NTHLY SERVIC    | ES   |
| Holy Communion           | 1st Sunday                                       | 7:30 & 11:00 am | Sanctuary  |
| Baptism                  | 3rd Sunday                                       | 11:00 am        | Sanctuary  |
| Baby Dedications         | 4th Sunday                                       | 7:30 & 11:00am  | Sanctuary  |
|                          |  |                 |  |





Get plugged in using your gifts, talent, skills and time serving God's people **TOGETHER IN LOVE**.

# **Communications Ministry**

#### **President**

Louie Malone

#### **Vice President**

Tina Patterson

#### Secretary

**Hyacinth Chung** 

#### **Assistant Secretary**

Kelly Wilson

#### Treasurer

Michal Patterson

#### Chaplain

Regina Gilbert

#### **Deacon Advisor**

Harold Mitchell

#### **Newsletter Staff**

### Editor-in-Chief/Graphic Designer

Paulette Tapp

#### Editor/Proofreader

Christine Smith Diane Russell

## **Photographers**

Louie Malone Shirley Price

# Publisher

Louie Malone

#### Reporters/Writers

Hyacinth Chung Jennifer Jones Tina Patterson Christine Smith

Kelly Wilson

Friendship Baptist Church has a newlyenhanced website to provide greater communication across all FBC Ministries. Improvements are ongoing. Feedback can be provided to the Communications Ministry at tag49llm@aol.com.

## SUBSCRIBE to: www.fbcduluth.org

DEADLINE FOR NOVEMBER SUBMITTALS IS FRIDAY, NOVEMBER 19<sup>TH</sup>



#### Mission Statement

# Exalt the Savior • Equip the Saint • Evangelize the Sinner A PURPOSE-DRIVEN CHURCH

Friendly through Fellowship
Developed through Discipleship
Enlarged through Evangelism
Sharing and Caring through Servanthood
Stronger through God's Word and True Worship

#### **Church Address and Contact Information**

3375 Church Lane, Duluth GA 30096

Contact: Rita Bowens, Executive Assistant @ 770-497-8227

Office Hours: Monday – Friday 9:00am-5:00pm

Email: <a href="mailto:fbcduluth@att.net">fbcduluth@att.net</a> <a href="www.fbcduluth.org">www.fbcduluth.org</a>

# Leadership

#### **FBC** Associate Ministers

Rev. Ken Blacknell
Min. Clyde Conerly
Min. James Cottingham
Elder Chris Evans
Rev. Garfield Garner
Rev. Eugene Graves
Min. James Redman
Rev. Timothy Twyman
Min. Floyd Williams
Rev. Stanley Williams
Rev. Alton Wilson

# FBC Ministers of Evangelism

Min. Karen Blacknell
Evg. Geneva Burse
Min. Erika Cottingham
Min. Roslyn Long
Evg. Valerie Montaque
Evg. Ruthell Morris
Min. Jada Redman
Evg. Kimberly Rogers
Min. Monique Stroman
Min. Nicole Walker
Min. Barbara Williams
Evg. Deloris Williams